Introducing The 90+ Study

The 90+ Study consists of members of the Leisure World Cohort from USC who were 90 years of age or older as of January 2003. Over 760 participants have joined The 90+ Study so far making this one of the largest studies of those 90 and over. Many of you have come to see the research team at the Clinic for Aging Research & Education (C.A.R.E.) in Laguna Woods, California and others have been visited by the staff in your homes. Information provided over the last 20 years by participants of the Leisure World Cohort along with new information obtained during visits with The 90+ Study will allow us to understand better the determinants of successful aging and longevity.

Brain Donation Program

Some participants and their families in The 90+ Study have made arrangements for brain autopsy after death. This option is available to all participants whose families agree. A family member should call the pager number (714-506-4004) for the Brain Donation Program immediately after the death of the participant. If you would like a wallet-sized reminder card with this pager number or information about the Brain Donation program, please call our office at 949-768-3635.

If You Move Or Have Questions

If you move, please send us your new address and phone number. We want to keep you updated on the progress of The 90+ Study. We would also appreciate notification from family or friends when a participant dies.

Appreciation Party

The 90+ Study is pleased to announce The First Annual Appreciation Party. This event is scheduled for June 11th between 11:30AM and 1:30PM, at the Main Lounge of Clubhouse 2 in Leisure World. Invitations will be mailed out in late spring so be sure to check your mailboxes and get ready to have some fun! If you live outside of Southern California, and plan to be in the area on June 11th, please let us know. Comments, questions, suggestions? Let us know what you think!