



19th Annual Southern California Alzheimer’s Disease Research Conference

When Does It Become Dementia?

Transitioning from Healthy Aging to MCI and Dementia



Jointly sponsored by



in collaboration with



It is the policy of the University of California, Irvine School of Medicine and the University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure will be made in writing in the course syllabus.

Alzheimer’s Association
Orange County Chapter
17771 Cowan, Suite 200
Irvine, CA 92614

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Special recognition to the following exhibitors for helping make this conference possible:



Aegis Living



Regents Point

Complimentary respite care for your loved one may be arranged at one of the facilities below, so that you may attend this one-day conference. Please call the facility nearest you for more information.

Fullerton Gardens, Fullerton.....(714) 441-2636	Sunflower Gardens, Santa Ana(714) 641-0959
Richman Gardens, Fullerton(714) 526-5611	Silverado Senior Living, Costa Mesa...(949) 631-2212
Valley View Gardens, Garden Grove .. (714) 895-9898	Silverado Senior Living, Tustin (714) 832-7900

Target Audience: The conference is open to the public and is designed to heighten the community’s awareness and knowledge of Alzheimer’s disease and related neurological disorders. For physicians, psychologists, and other health care professionals, please see inside for details about educational units available.

CONFERENCE REGISTRATION • EARLY BIRD REGISTRATION DEADLINE: AUGUST 19, 2011

This year’s conference promises nationally renowned speakers and exciting information about current research on Alzheimer’s disease and related neurological disorders. Save by taking advantage of our Early Bird Registration. Registration forms are also available online at www.alzoc.org. To register, please contact Andrew Eng, (949) 757-3703, Andrew.eng@alz.org, or fill out the registration card and mail to:

Alzheimer’s Association - Orange County Chapter
c/o 2011 Alzheimer’s Disease Research Conference
17771 Cowan, Suite 200
Irvine, CA 92614

Early Bird Rates

- ☐ \$165 for professionals seeking continuing education units
- ☐ \$65 for family caregivers, students, individuals with MCI or dementia

Cancellation Policy

Registration refunds must be requested in writing by August 26, 2011. There will be no refund for any cancellations received after this date. A \$50 administrative charge will apply for all cancellations. All refunds will be processed after the conference.

Registration fee includes breakfast, coffee breaks, lunch, afternoon dessert bar, parking and written materials.

LAST NAME	FIRST NAME	M.I.	DEGREE
AFFILIATION/ORGANIZATION			
ADDRESS			
CITY		STATE	ZIP
DAYTIME PHONE		FAX	EMAIL
PLEASE CHECK THE FOLLOWING:			
Type of Registration		Early Bird	After Aug 19, 2011
Rates for Professionals (CEUs) BRN, NHAP, BBS, and RCFE - 7 units available MCLE (attorneys) – 6 units available		<input type="checkbox"/> \$165	<input type="checkbox"/> \$190
CME Professionals		<input type="checkbox"/> \$165	<input type="checkbox"/> \$190
Reduced rate for family caregivers, students, individuals with MCI or dementia		<input type="checkbox"/> \$65	<input type="checkbox"/> \$85
Please charge my		<input type="checkbox"/> VISA	<input type="checkbox"/> MASTERCARD <input type="checkbox"/> AMERICAN EXPRESS
Account Number		Exp. date	
Signature			
<input type="checkbox"/> My check for \$ is enclosed (made payable to Alzheimer’s Association).			

REGISTER EARLY AND SAVE! BY PHONE: (949) 757-3703, OR FAX: (949) 333-6342

19th Annual Southern California Alzheimer’s Disease Research Conference

When Does It Become Dementia?

Transitioning from Healthy Aging to MCI and Dementia

At least 5.4 million Americans are affected by Alzheimer’s disease and another 5.3 million by Mild Cognitive Impairment (MCI), a high-risk pre-dementia state. Individuals with MCI experience memory and other cognitive difficulties that exceed those associated with normal aging, but absent any significant functional changes, are insufficient to meet the criteria for dementia. MCI is a complex, etiologically heterogeneous condition that significantly increases the risk of developing Alzheimer’s disease or another dementia. Annually, 10-15% of those diagnosed with MCI transition to a full-blown dementia.

Today we know that Alzheimer’s disease begins in the brain 30-40 years before the first symptoms are evident. Researchers have traced back earliest clinical symptoms, such as subtle memory and language difficulties, to over a decade before the diagnosis of dementia. Diagnosing Alzheimer’s disease during its pre-symptomatic (i.e., silent) and prodromal phases could lead to more effective identification and treatment as well as empower those affected to implement risk reduction strategies.

To improve diagnosis and facilitate research, the NIH recently released revised diagnostic criteria for MCI and Alzheimer’s disease. For the first time, diagnostic criteria incorporate biomarkers. The broad goal of this conference is to introduce the latest clinical, molecular, and neuropathological indicators of the transition from healthy aging to MCI and dementia. It is critical for practicing physicians to learn about these advances, presented by expert speakers, including individuals involved in developing the revised criteria, given the exponential growth in the aging population. Additionally, the conference will cover a range of medical, psychosocial, and lifestyle approaches to enhancing cognition as well as offer the perspective of affected individuals and their care partners.

Continuing Medical Education Objectives

At the end of the activity the participant should be able to:

- ▶ Describe the different etiologies and neuropathologies underlying the transition from healthy aging to MCI and a dementia, and understand the diagnostic and treatment options available during this progression.
- ▶ Evaluate the efficacy of current treatment options, the latest advances in research and areas that require further investigation. Apply increased knowledge of available treatment strategies, thereby facilitating improved patient outcomes.
- ▶ Access the scope of support services and resources available in the community to enhance the patient and family caregiving experience, and consequently improve outcomes.

Accreditation Statement:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of California, Irvine School of Medicine and UCI MIND. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement:

The University of California, Irvine School of Medicine designates this live activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The CA State Board of Psychology recognizes *AMA PRA Category 1 Credits(s)*™.

Continuing Education Objectives

At the completion of this conference participant will:

- ▶ Understand the differences between normal age-related changes and the pathological changes in memory and cognition that signal Mild Cognitive Impairment or dementia.
- ▶ Understand the importance of the new diagnostic criteria for dementia, and how to ensure patients, residents and clients receive an appropriate diagnosis.
- ▶ Understand the most recent developments in research and treatment options, and apply this knowledge to improve the quality of life and quality of care of patients, residents and clients.
- ▶ Understand the availability and value of social services and community resources in order to provide the greatest assistance to family caregivers and paid caregiving staff.
 - Approved by the California Board of Registered Nurses, Provider #14757, for approximately 7 contact hours.
 - Approval pending for Nursing Home Administrators Program (NHAP) for approximately 7 continuing education units.
 - Approval pending for the Department of Social Services, Community Care Licensing (RCFE) for approximately 7 continuing education units.
 - Approval pending for the Board of Behavioral Sciences (BBS), for MFTs and LCSWs for approximately 7 continuing education units.

This organization follows CE guidelines specified in the CA Board of Accountancy Regulations. Also approved by the Professional Fiduciaries Bureau for continuing education MCLE (attorneys) – Provider No. 9835 (Note: 6 MCLE units).



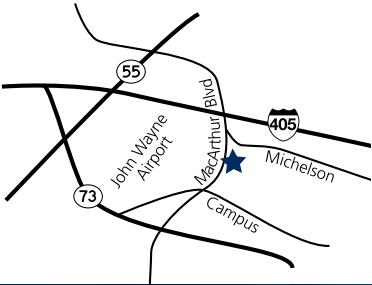
Conference Schedule

7:00	- 8:00 am	Registration, Breakfast, and Exhibits
8:00	- 8:15	Welcome and Opening - Year in Review Frank LaFerla, Ph.D., UC Irvine Jim McAleer, Alzheimer’s Association, OC Chapter Cordula Dick-Muehlke, Ph.D., Alzheimer’s Family Services Center
8:15	- 8:45	Making Lasting Memories James L. McGaugh, Ph.D., UC Irvine
8:45	- 9:15	Redefining Alzheimer’s Disease: The Danger of Revised Criteria for Mild Cognitive Impairment John C. Morris, M.D., Washington University
9:15	- 9:45	Diagnosing Alzheimer’s Before Memory Loss Sets In: Proposed Research Criteria Claudia H. Kawas, M.D., UC Irvine
9:45	- 10:15	Coffee Break/Exhibitors
10:15	- 10:45	When the Diagnosis is Early-Stage Alzheimer’s: What Happens Next? Lisa Snyder, MSW, LCSW, UC San Diego
10:45	- 11:15	Treating Dementia: A Look at Current and Future Medications Pierre N. Tariot, M.D., Banner Alzheimer’s Institute
11:15	- 11:45	Caregiving Across the Course of Dementia David W. Coon, Ph.D., Arizona State University
11:45	- 1:00 pm	Lunch
1:00	- 2:00	From MCI to Dementia: Insights from Individuals and their Care Partners Cordula Dick-Muehlke, Ph.D., Alzheimer’s Family Services Center
2:00	- 2:30	Risk Factors: Should You Be Concerned Kim N. Green, Ph.D., UC Irvine
2:30	- 3:00	Coffee Break/Exhibitors
3:00	- 3:30	Exercise and Alzheimer’s Disease Carl W. Cotman, Ph.D., UC Irvine
3:30	- 3:45	A Community-Based Program to Assess and Maintain Cognitive Health William Rodman Shankle, M.D., Orange County Vital Aging Program
3:45	- 4:15	Ask the Doc: An Interactive Discussion John C. Morris, M.D., Washington University Claudia H. Kawas, M.D., UC Irvine Pierre N. Tariot, M.D., Banner Alzheimer’s Institute <i>Moderator:</i> Frank LaFerla, Ph.D.
4:15	- 4:30	Closing Remarks and Wrap-Up Frank LaFerla, Ph.D., UC Irvine Jim McAleer, Alzheimer’s Association, OC Chapter Cordula Dick-Muehlke, Ph.D., Alzheimer’s Family Services Center
Planning Committee:		Frank LaFerla, Ph.D., Cordula Dick-Muehlke, Ph.D., and Jim McAleer
Course Chair:		Frank LaFerla, Ph.D.



PARKING

Convenient parking is available at the hotel. Registration fees include a paid self-parking ticket for the day, so please bring your self-parking ticket(s) to the conference for validation. NOTE: Only one self-parking ticket validation will be given for each attendee. There is a complimentary shuttle service to/from the John Wayne Airport to the Irvine Hilton.



HOTEL RESERVATIONS

We are very pleased to hold this year’s conference at the Irvine Hilton, conveniently located at 18800 MacArthur Boulevard in Irvine. The hotel is offering a special rate of \$119 per night Sunday through Thursday, and \$99 per night Friday and Saturday. This rate includes complimentary wireless internet, and overnight parking is an additional \$5 per night. For reservations, please call **1-800-HILTONS** and ask for the **“UCI rate”**.

California Assembly Bill 1195 requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. It is the intent of the bill, which went into effect on July 1, 2006, to encourage physicians and surgeons, CME providers in the state of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population through appropriate professional development. The planners, speakers and authors of this CME activity have been encouraged to address issues relevant in their topic area. In addition, a variety of resources are available that address cultural and linguistic competency, some of which are included in your syllabus or handout materials. Additional resources and information about AB1195 can be found on our website at <http://www.cme.uci.edu>.

In compliance with the Americans With Disabilities Act, we will make every reasonable effort to accommodate your needs. For any special requests, please call Shirley Sirivong at (949) 824-8135 on or before September 23, 2011.