

30th Annual Southern California Alzheimer's Disease Research Conference to be
held on Friday, October 25, 2019

30 Years of Discovery: Hope on the Horizon

GIFTED BRAINS YIELD PRICELESS GAINS

Julie A. Schneider, M.D. M.S.

The Deborah R. And Edgar D. Jannotta Presidential Professor
of Pathology (Neuropathology) and Neurological Sciences

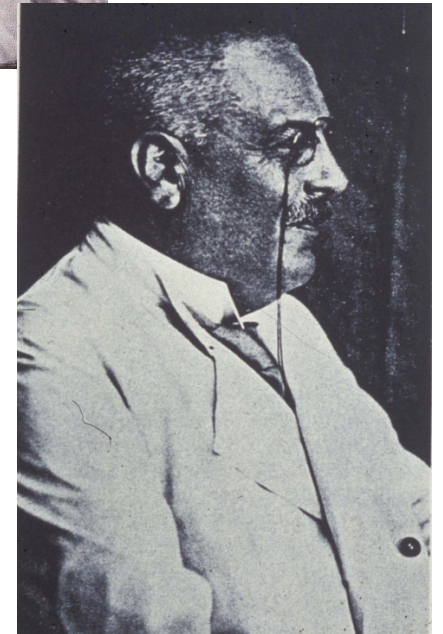
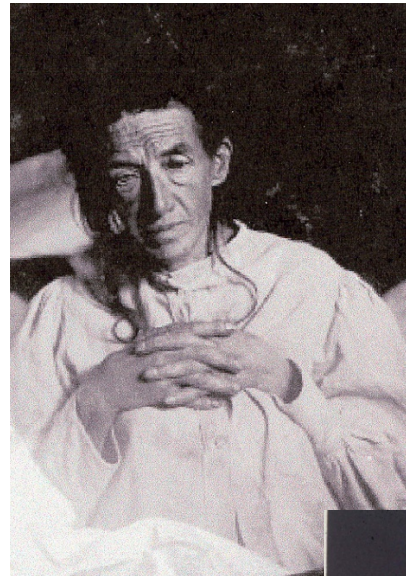
Associate Director, Rush Alzheimer's Disease Center, Rush
University Medical Center

What are we learning from the precious gift of brain donation from older persons?

- Alzheimer's disease pathology is often mixed with other pathologies (mixed pathology)
- Risk factors may work through increasing/decreasing pathology.
- Persons without cognitive impairment may have a lot of "subclinical" pathology
- There is pathologically unexplained cognitive change and risk factors

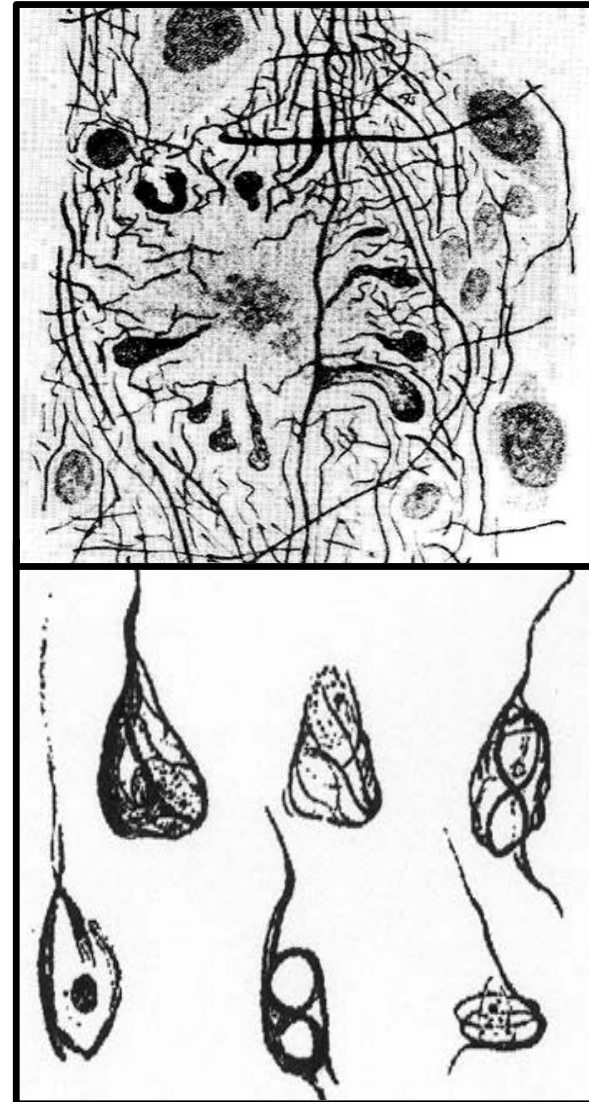
Auguste D & Alois Alzheimer

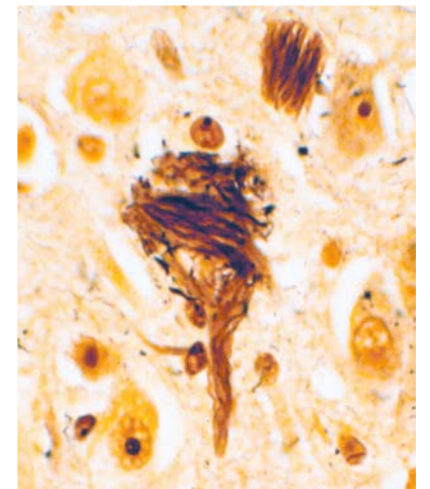
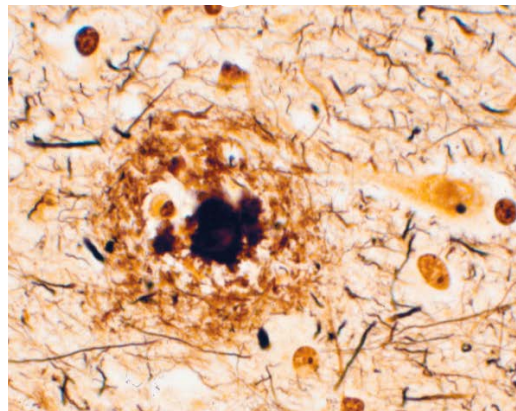
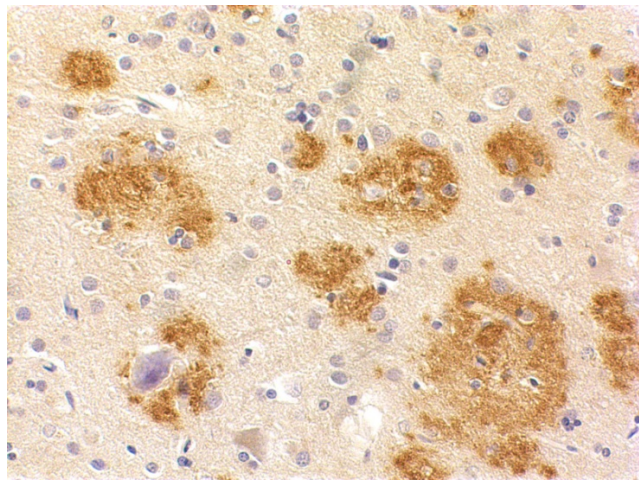
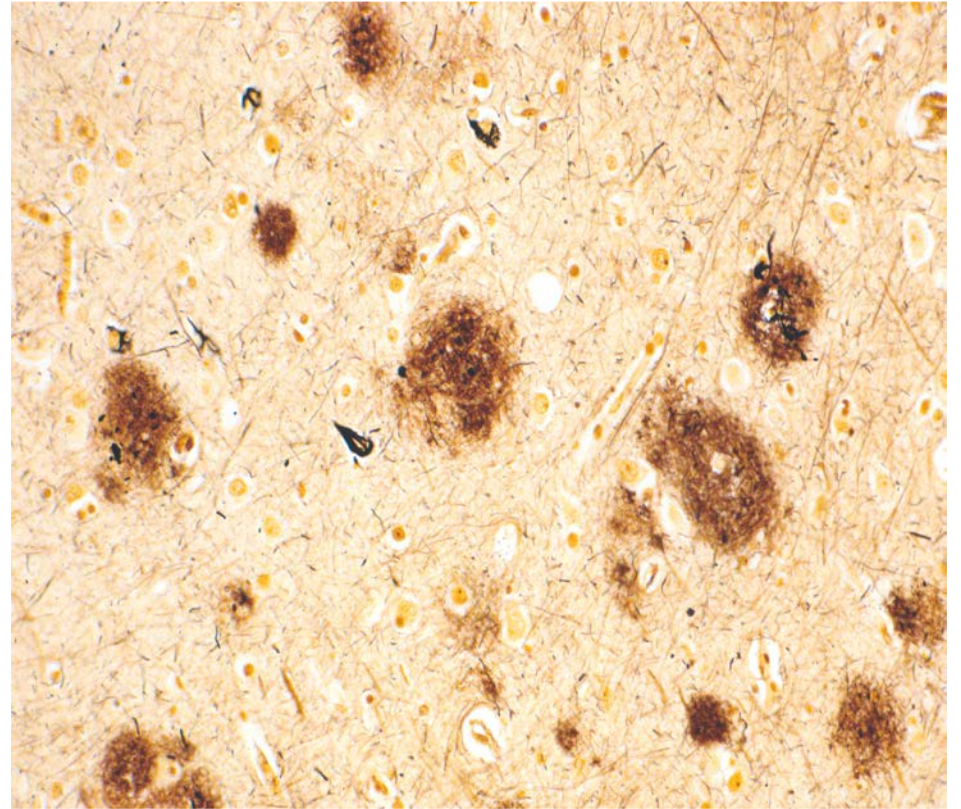
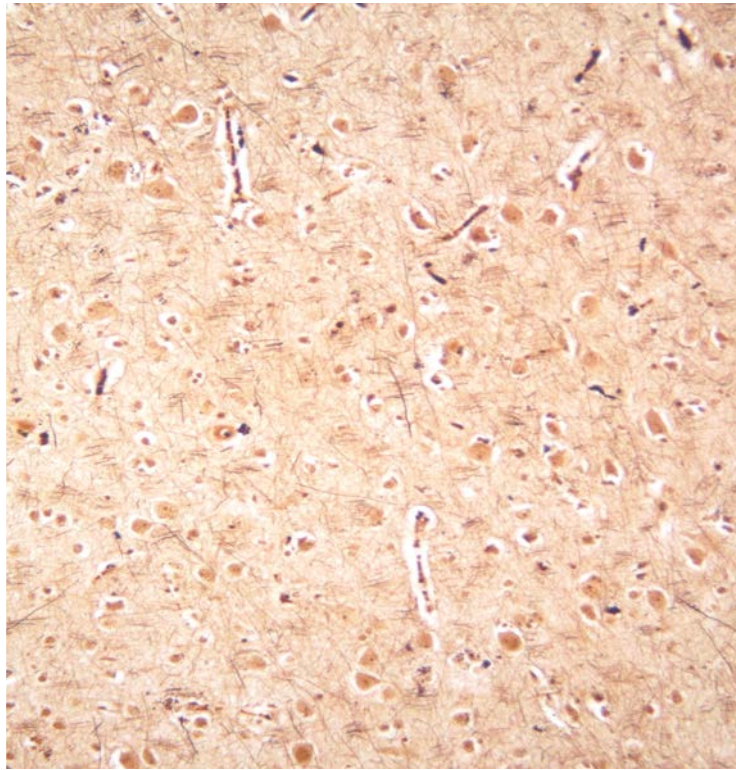
- First patient described - 1907
 - 51 year old woman
 - Memory impairment
 - Hallucinations, delusions, paranoia
 - Agitation
 - Disorientation
- Progression over 5 years
 - At end - fetal position, incontinent, unresponsive



Autopsy brain examination

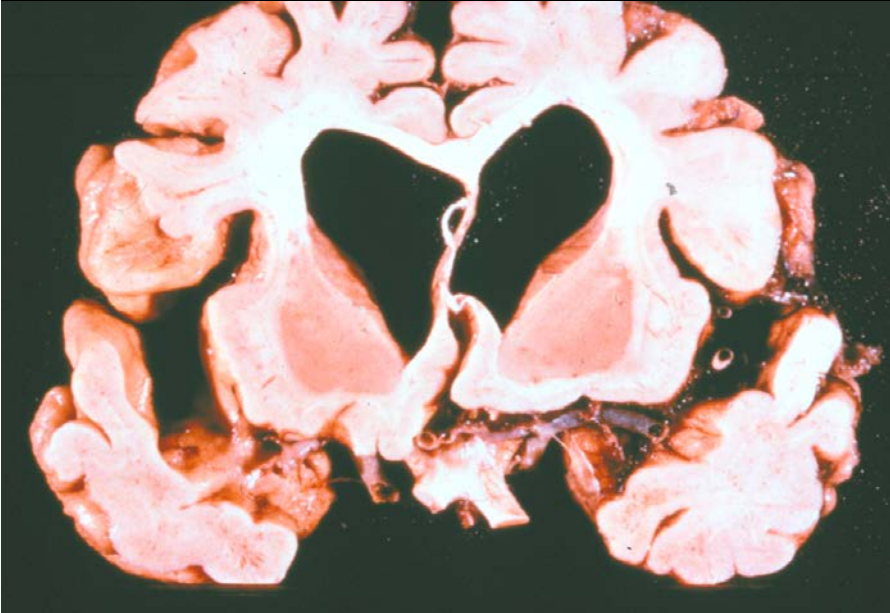
- Grossly atrophic
- Microscopic exam:
 - Neuronal loss
 - Neuritic plaques
 - Neurofibrillary tangles

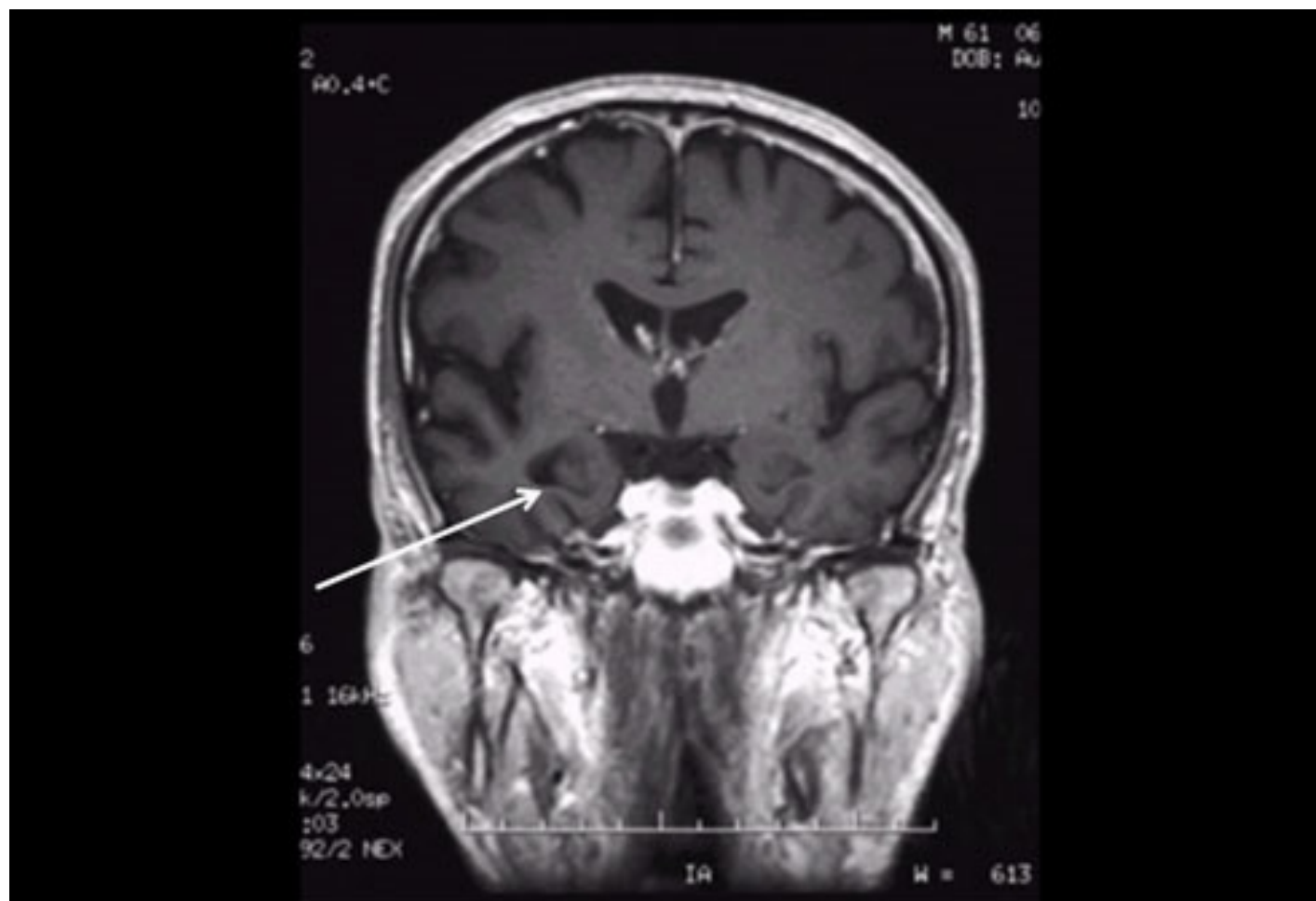




Alzheimer's disease

Normal brain





The Religious Orders Study



Began in 1993

- Older nuns, priests, and brothers without known dementia from across the U.S.
- All agreed to annual cognitive testing
- All agreed to brain donation at the time of death

The Rush Memory and Aging Project

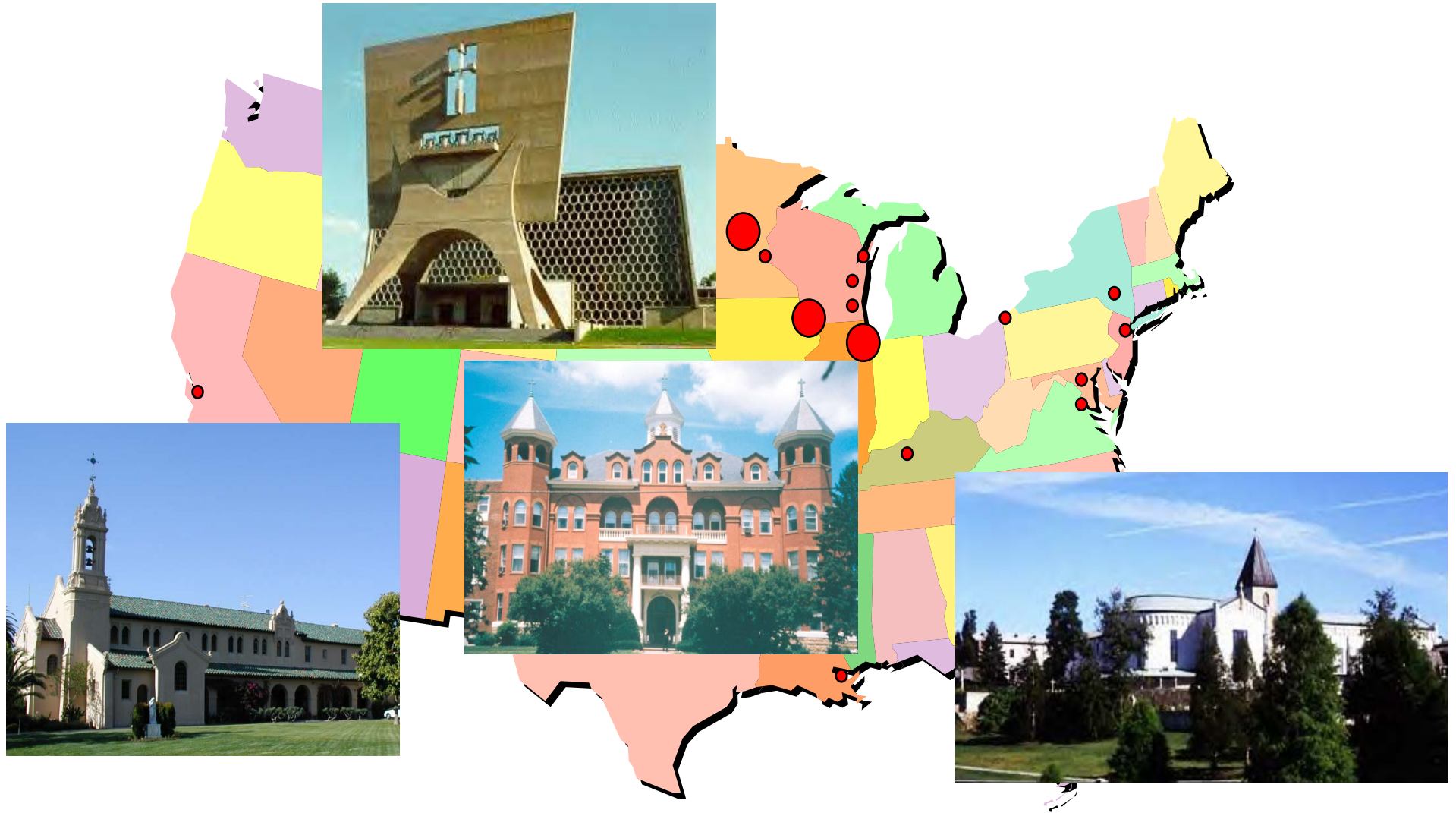


Began in 1997

- Study with similar methods but lay population more reflective of general population - from about 40 retirement communities and senior housing
- All agreed to annual cognitive/motor testing, blood draws
- All agreed to donate brain, spinal cord, muscle, nerve at the time of death
- *F/U rates over 90% Autopsy Rates 80%*

Both studies on going for 20+ years • >3,000 older persons enrolled without [known] dementia from across the USA, over 1500 autopsies

Religious Orders Study Sites

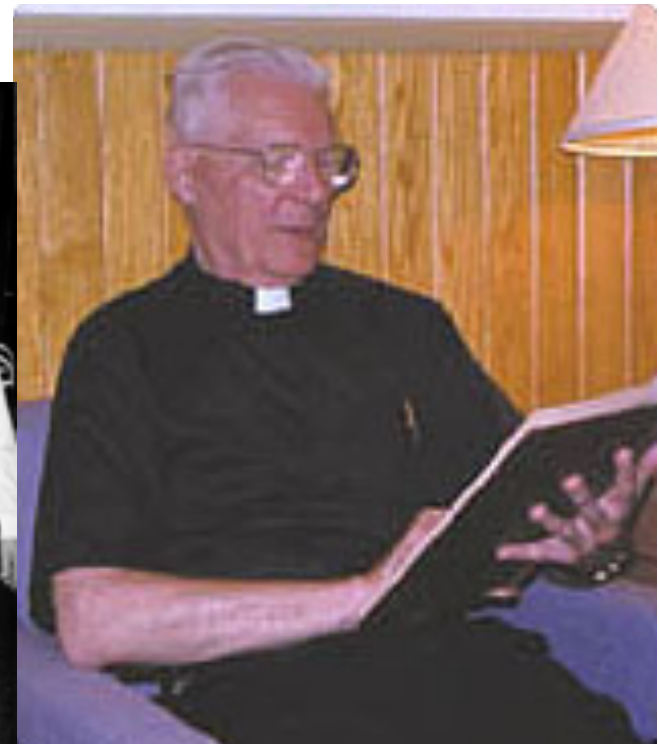


Religious Orders Study: Participating Sites









Medical Center



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What are we learning from the precious gift of brain donation from older persons?

- Alzheimer's disease pathology is often mixed with other pathologies (mixed pathology)
- Risk factors may work through increasing/decreasing pathology.
- Persons without cognitive impairment may have a lot of "subclinical" pathology
- There is pathologically unexplained cognitive change and risk factors

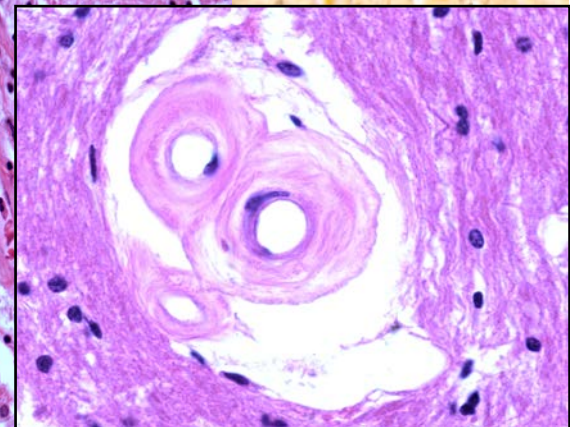
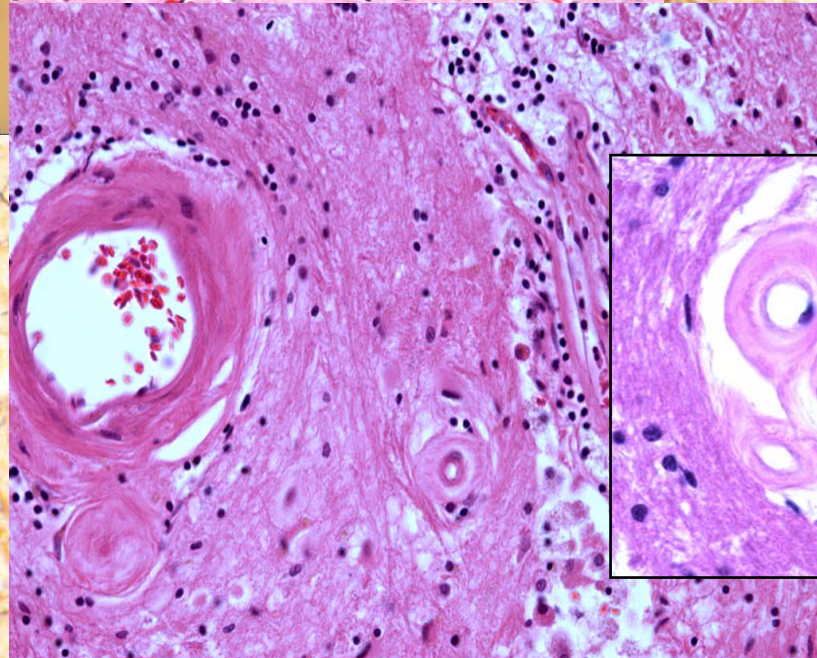
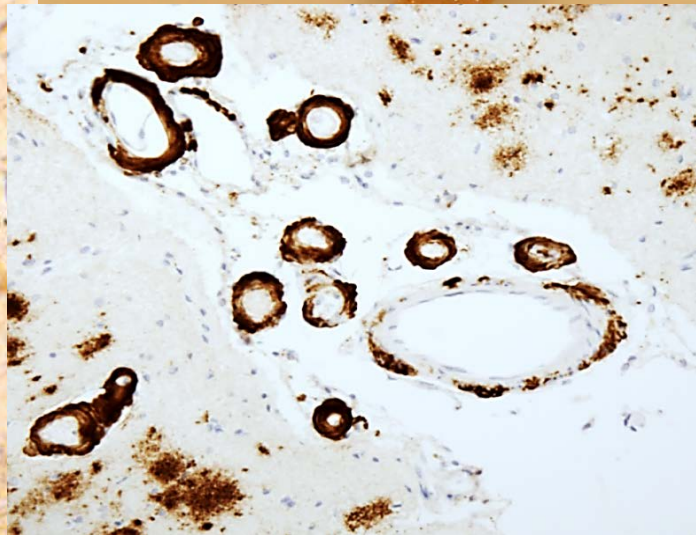
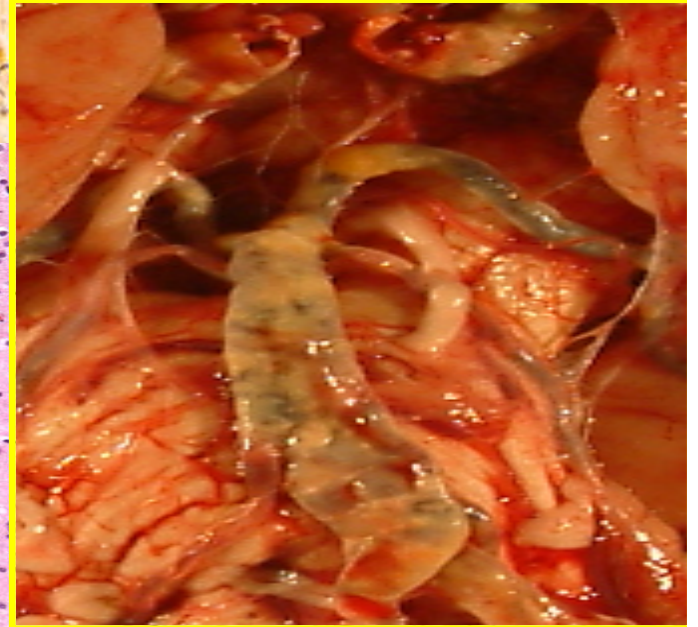
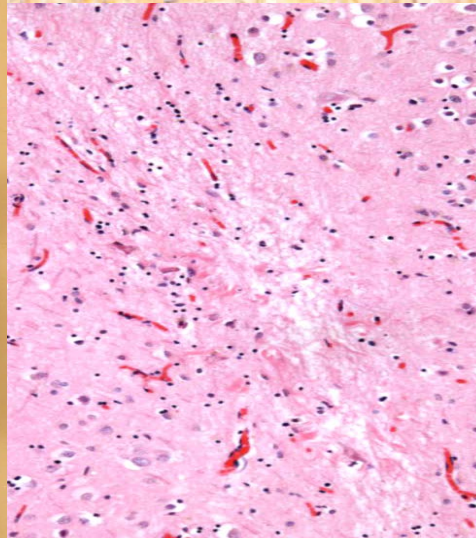
The pathologies of the aging brain

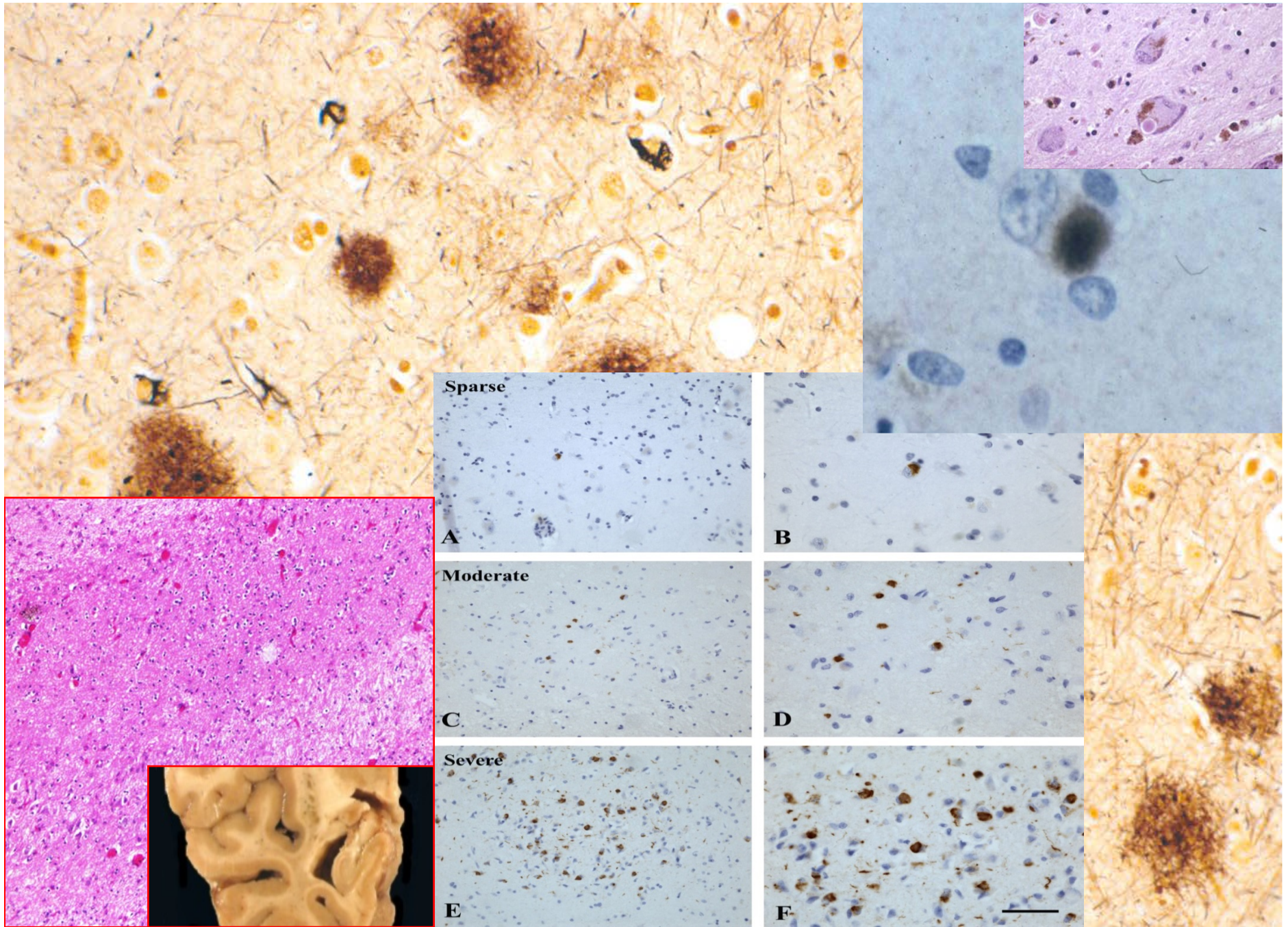
- NEURODEGENERATIVE

- Alzheimer's disease (plaques/tangle)
- Lewy body disease
- TDP-43 pathology
- Hippocampal sclerosis

- VASCULAR

- Macroinfarcts (strokes)
- Microinfarcts
- CAA
- Atherosclerosis
- Arteriolosclerosis





Mixed brain pathologies common in MCI and probable AD

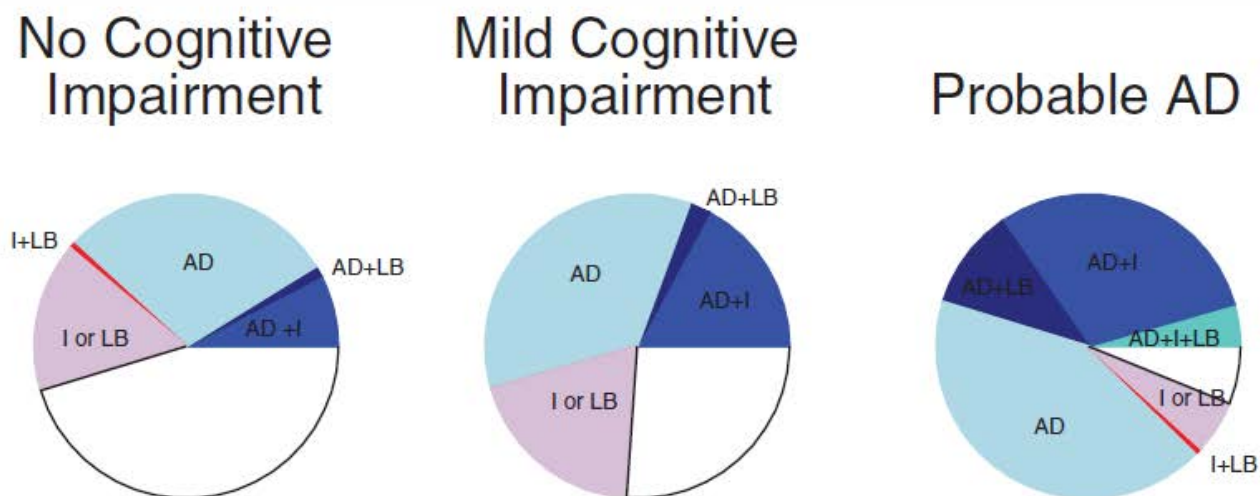


Fig. Pathology by clinical status proximate to death. (Blue shades) Pathologic diagnosis of Alzheimer disease (AD). Clockwise: light blue = pathologic diagnosis of AD only; dark blue = pathologic diagnosis of AD and neocortical Lewy bodies (LB); medium blue = pathologic diagnosis of AD and cerebral infarcts (I); aqua = pathologic diagnosis of AD, I, and LB. (Red shades) I and/or LB (with no pathologic diagnosis of AD). Clockwise: pink = I or LB; red = I and LB. (White) No pathologic diagnosis of AD, no I, no LB.

Schneider JA et al. *Ann Neurol* 2009;66:200–208.

Schneider JA et al. *Neurology* 2004;62:1148-1156.

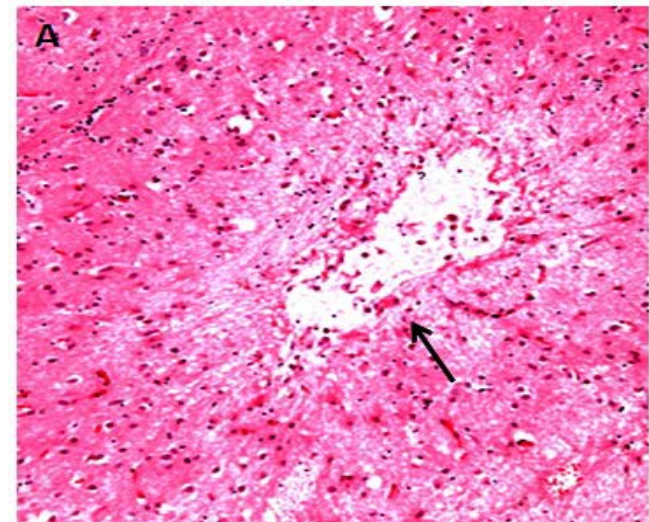
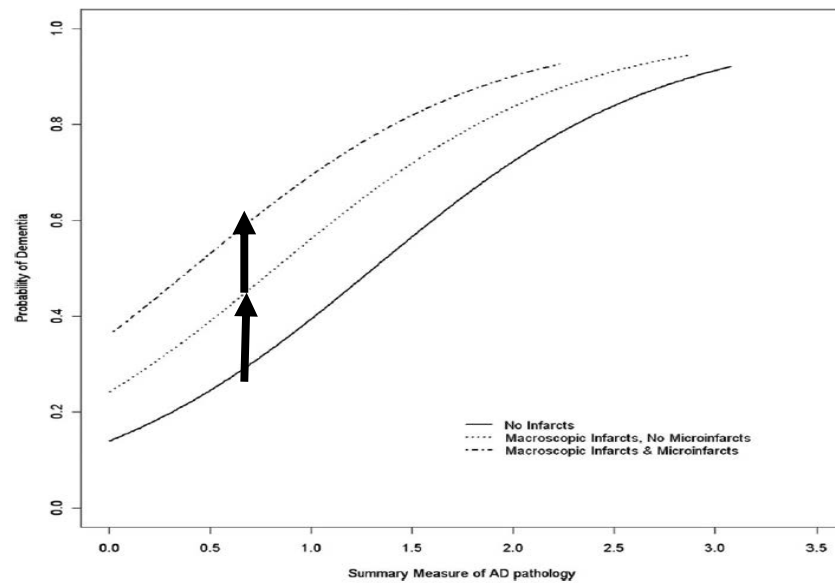
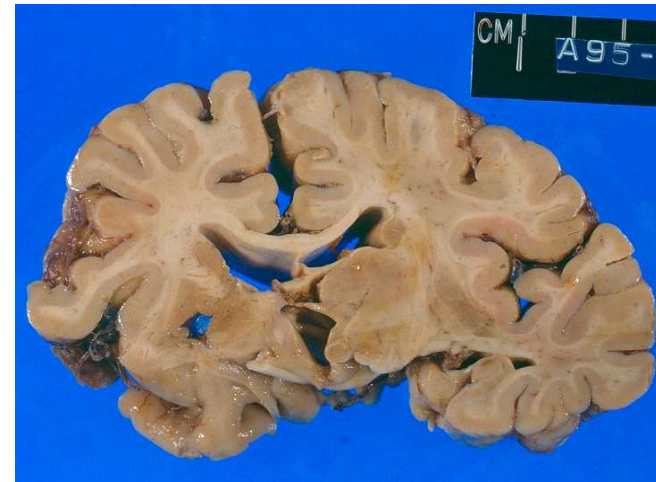
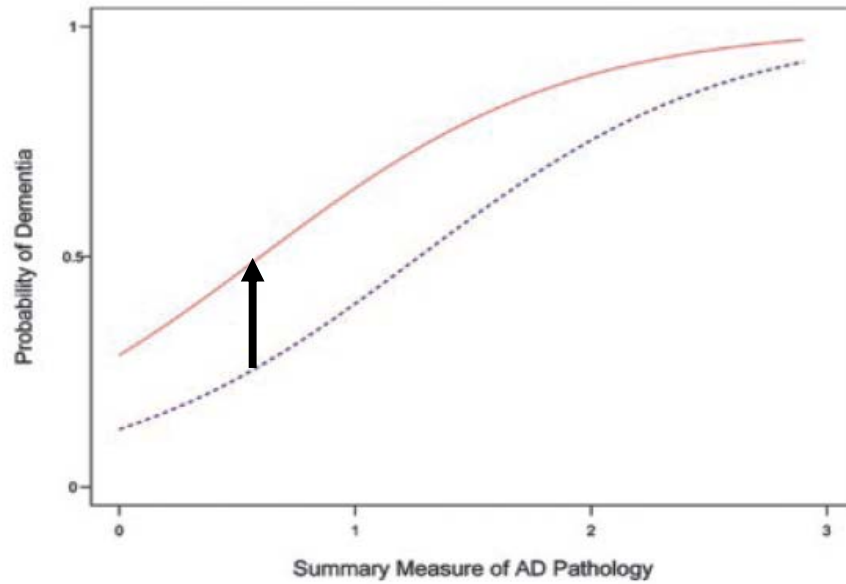
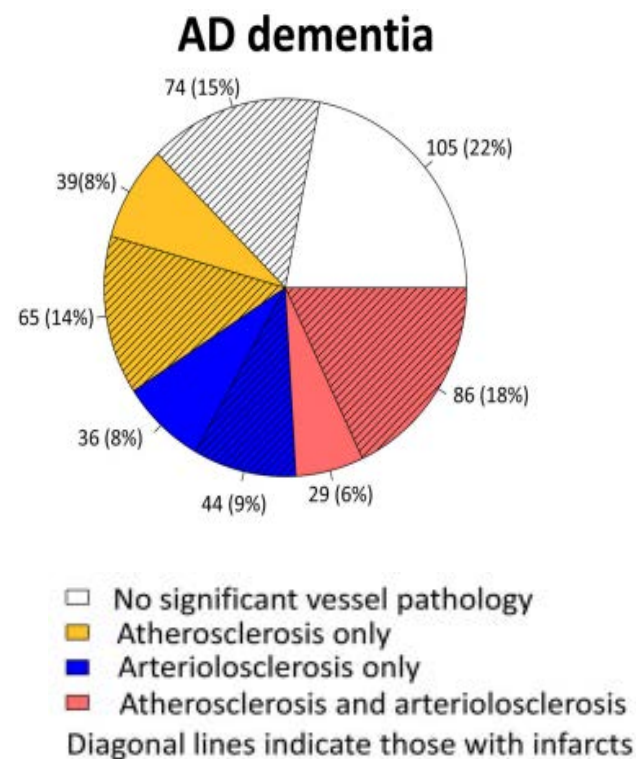
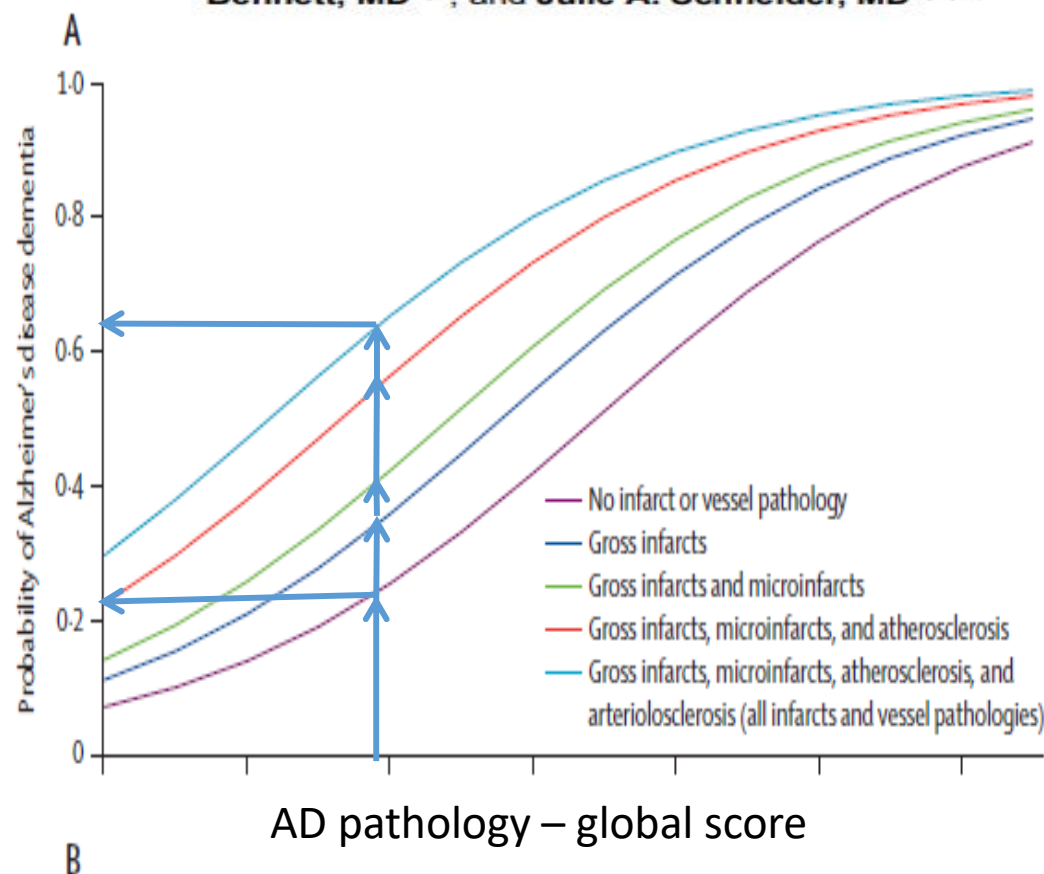


Figure 1. Probability of dementia by Alzheimer disease pathology showing additive effects of macroscopic infarcts and microinfarcts.

Arvanitakis Z, et.al. *Stroke*. 2011 Mar;42(3):722-7.

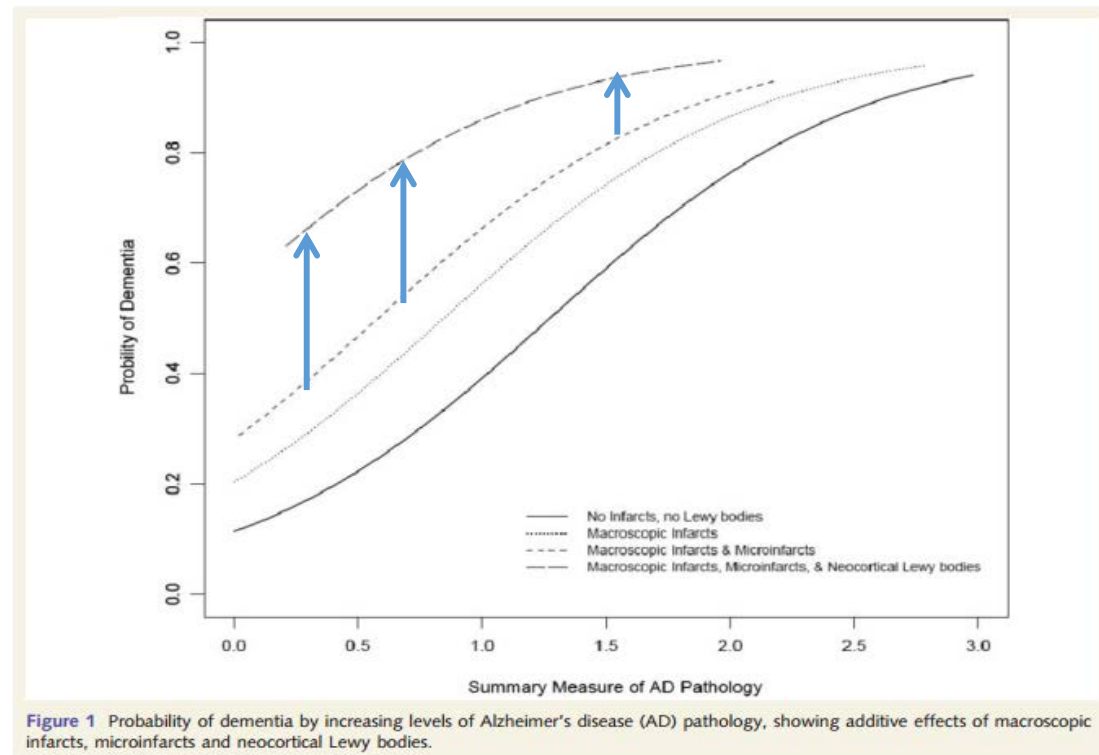
Relation of Cerebral Vessel Disease to Alzheimer's Disease Dementia and Cognitive Function in Older Persons: A Cross-sectional Study

Zoe Arvanitakis, MD^{1,2}, Ana W. Capuano, PhD^{1,2}, Sue E. Leurgans, PhD^{1,2}, David A. Bennett, MD^{1,2}, and Julie A. Schneider, MD^{1,2,3}



Lewy Bodies - Pathology first described in Parkinson's disease

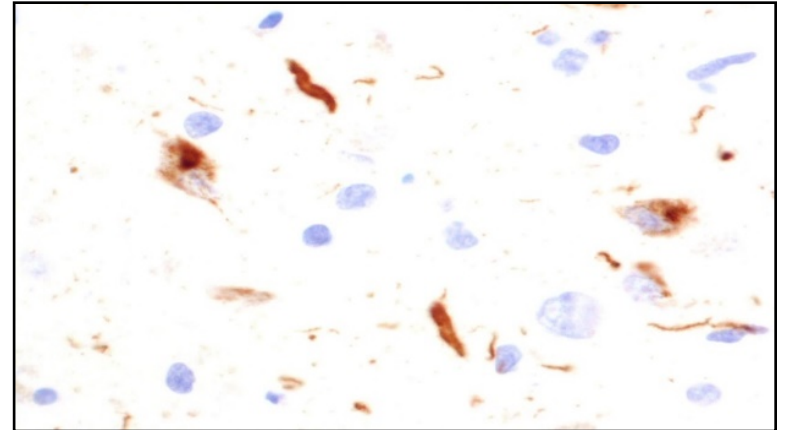
Lewy body Dementia



Schneider JA et al. Brain 2012;135:3005-3014

TDP-43 new “kid on the block” in aging and AD



ubiquitinated protein in FTLD-U and ALS; 414 AA
nuclear **DNA/RNA binding protein; regulates gene expression, splicing/stability of RNA transcripts**

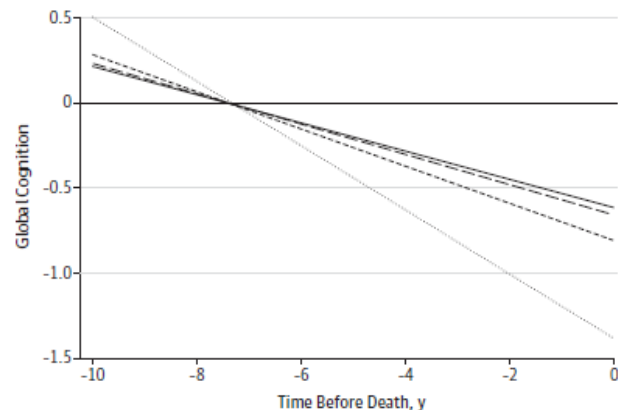


- Related to amnestic dementia, mimics Alzheimer's Dementia
- Commonly co-occurs with AD and lowers memory
- Strongly related to cognitive decline – especially memory
- Accumulation is associated with hippocampal degeneration and ultimately hippocampal sclerosis

REVIEW

Limbic-predominant age-related TDP-43 encephalopathy (LATE): consensus working group report

Peter T. Nelson,¹  Dennis W. Dickson,² John Q. Trojanowski,³ Clifford R. Jack Jr.,⁴ Patricia A. Boyle,⁵ Konstantinos Arfanakis,^{5,6} Rosa Rademakers,² Irina Alafuzoff,⁷ Johannes Attems,⁸ Carol Brayne,⁹ Ian T.S. Coyle-Gilchrist,⁹ Helena C. Chui,¹⁰ David W. Fardo,¹ Margaret E. Flanagan,¹¹ Glenda Halliday,¹² Suvi R.K. Hokkanen,⁹ Sally Hunter,⁹ Gregory A. Jicha,¹ Yuriko Katsumata,¹ Claudia H. Kawas,¹³ C. Dirk Keene,¹⁴ Gabor G. Kovacs,¹⁵ Walter A. Kukull,¹⁴ Allan I. Levey,¹⁶ Nazanin Makkinejad,⁶ Thomas J. Montine,¹⁷ Shigeo Murayama,¹⁸ Melissa E. Murray,² Sukriti Nag,⁵ Robert A. Rissman,¹⁹  William W. Seeley,²⁰ Reisa A. Sperling,²¹ Charles L. White III,²² Lei Yu⁵ and Julie A. Schneider⁵



The top panel shows the individual rates of global cognitive decline, adjusted for age at death, plotted by level of TDP-43 pathology, and fitted with a locally reweighted linear smooth function. The bottom panel shows the 10-year paths of global cognitive decline in typical participants with no TDP-43 pathology (solid line) and with low (long dashes, 10th percentile), moderate (short dashes, 50th percentile), or high (dotted line, 90th percentile) levels of TDP-43 pathology, adjusted for age at death, amyloid, tangles, and hippocampal sclerosis.

Box | LATE and LATE-NC summary points

- LATE-NC features
 - A sampling and staging system for routine autopsy diagnosis is proposed to characterize the anatomical distribution of TDP-43 proteinopathy
 - Stage 1: amygdala only
 - Stage 2: + hippocampus
 - Stage 3: + middle frontal gyrus
 - Hippocampal sclerosis pathology may be observed (and should be reported), but is neither necessary nor sufficient for diagnosis of LATE-NC
- LATE-NC is present in >20% (up to 50%) of individuals past age 80 years according to large community-based autopsy series
- LATE is associated with substantial disease-specific cognitive impairment, usually an amnesic dementia syndrome ('dementia of the Alzheimer's type')
- The overall public health impact of LATE is on the same order of magnitude as Alzheimer's disease neuropathological changes; the diseases are often comorbid, but which pathology is more severe varies greatly between individuals
- Genetic risk factors for LATE have some overlap with FTLD-TDP and with Alzheimer's disease
- There is no molecule-specific biomarker for LATE. This is an important area of need for use in clinical trials (including as a potential exclusion criterion for Alzheimer's disease clinical trials) and longitudinal studies of the clinical and pathological progression of LATE

Figure 2. Odds ratios for clinical Alzheimer's-type dementia

~ 900 cases

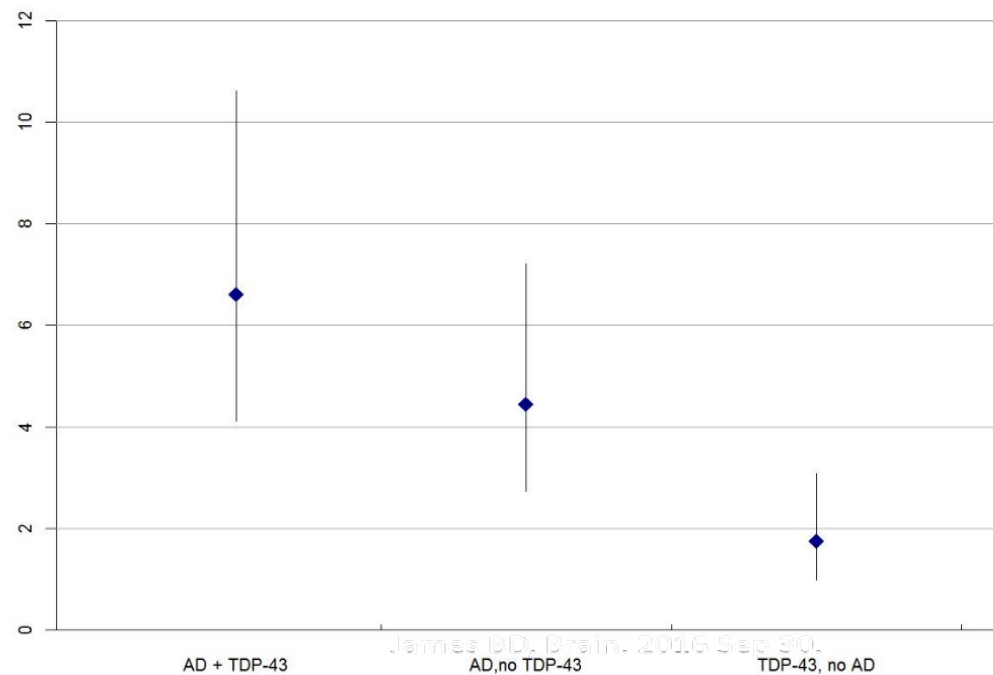
N= 946 ROS/MAP

n=398 AD dementia

n= 548 no AD dementia

496 (52%) with TDP

% of mixed pathologies in clinical AD increased 60% to over **80%** when considering TDP -43.



Mixed pathologies published in multiple cohorts/populations/groups

[Acta Neuropathol.](#) 2002 May;103(5):481-7. Epub 2002 Feb 6.

Degenerative and vascular lesions of the brain have synergistic effects in dementia of the elderly.

[Zekry D¹](#), [Duyckaerts C](#), [Moulias R](#), [Belmin J](#), [Geoffre C](#), [Herrmann F](#), [Hauw JJ](#).

March 12, 1997

Brain Infarction and the Clinical

Alzheimer Disease: THE LA

The Nun Study

David A. Snowdon, PhD; Lydia H. Greiner

» [Author Affiliations](#)

[JAMA.](#) 1997;277(10):813-8

Neuropathologic comorbidity and cognitive impairment in the Nun and Honolulu-Asia Aging Studies

[J Neuropathol Exp Neurol.](#) 1997 Feb;56(2):165-70.

The effects of additional pathology on the cognitive deficit in Alzheimer disease.

[Nagy Z¹](#), [Esiri MM](#), [Jobst KA](#), [Morris JH](#), [King EM](#), [McDonald B](#), [Joachim C](#), [Litchfield S](#), [Barnetson L](#), [Smith AD](#).

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Volume 357, No. 9251, p169-175, 20 January 2001

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[Brain Pathol.](#) 2017 Jul;27(4):472-479. doi: 10.1111/bpa.12424. Epub 2016 Aug 24.

TDP-43 pathology in Alzheimer's disease, dementia with Lewy bodies and ageing.

[McAleese KE¹](#), [Walker L¹](#), [Erskine D¹](#), [Thomas AJ¹](#), [McKeith IG¹](#), [Attems J¹](#).

Published: 20 January 2001

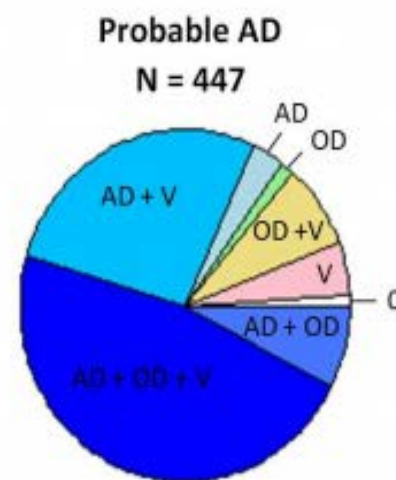
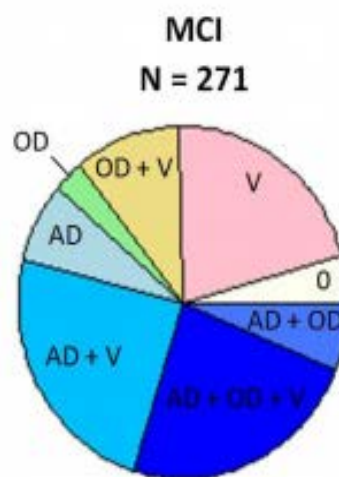
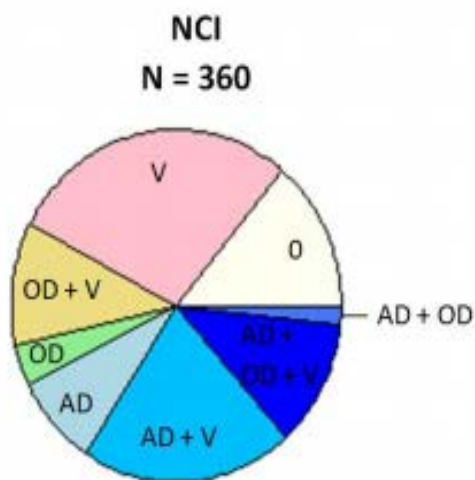
Neuropathologic abnormalities assessed were Alzheimer disease (AD) neurocortical Lewy bodies (LBs), hippocampal sclerosis, microinfarcts, and low scores with screening tests for cognitive impairment were examined.

Neuropathologic abnormalities occurred at levels ranging from 9.7% to 43%, and were associated with cognitive impairment in both studies. Neocortical LBs and AD were present among the predominantly Caucasian NS women, while microinfarcts were present among the predominantly African American women. Neuropathologic abnormalities and cognitive impairment were associated in both studies.

Neuropathologic abnormalities, including microinfarcts, were associated with cognitive impairment in both studies.

UPDATE ON MIXED PATHOLOGIES INCLUDING NEW FINDINGS

	NCI	MCI	Probable AD
AD path diagnosis	42.5% 153/360	61.2% 166/271	85% 380/447
Pure AD path dx	8.3%	7.4%	3.1%
Mixed AD path + other Degenerative + vascular	11.67%	23.62%	47.0%



Person-specific contribution of neuropathologies to cognitive loss in old age

Patricia A. Boyle^{1,2}, Lei Yu^{1,3}, Robert S. Wilson^{1,2,3}, Sue E. Leurgans^{1,3}, Julie A. Schneider^{1,3,4}, and David A. Bennett^{1,3}

¹Rush Alzheimer's Disease Center, Rush University Medical Center, Chicago, IL, USA

- AD most common pathology (65%)
- But AD occurred alone < 9%
- AD, TDP-43, and CAA most commonly co-morbid but depending on specific combination present in between 22 and 41 persons
- More than 230 combinations of pathology –
- most combinations in less than 20 persons

Top 10 most specific combinations of pathology

1. AD only; n=64; 5.9%
2. none of the 9; n=62; 5.8%
3. AD and CAA, n=41; 3.8%
4. AD +CAA+TDP, n=26; 2.4%
5. Gross infarcts, n=24; 2.2%
6. Atherosclerosis, n=22, 2.0%
7. AD +TDP, n= 18, 1.7%
8. TDP43, n= 17; 1.6%
9. AD + atherosclerosis, n=17; 1.6%,
10. Microinfarcts, n=16; 1.5%

236 combinations of pathology!

How much dementia could be averted by eliminating specific groups of pathology?

(Using logistic regression models that include age and pathologies with dementia as outcome)

[Ann Neurol](#). 2019 Jan;85(1):114-124. doi: 10.1002/ana.25380. Epub 2018 Dec 19.

Attributable risk of Alzheimer's dementia attributed to age-related neuropathologies.

[Boyle PA](#)^{1,2}, [Yu L](#)^{1,3}, [Leurgans SE](#)^{1,3}, [Wilson RS](#)^{1,2,3}, [Brookmeyer R](#)⁴, [Schneider JA](#)^{1,3,5}, [Bennett DA](#)^{1,3}.

Author information

1 Rush Alzheimer's Disease Center, Rush University Medical Center, Chicago, IL.

Pathologic AD - fraction averted 52%*

Lewy bodies, HS, and TDP.....36.8%

Infarcts, CAA, athero-, arteriolosclerosis.....46.8%

* Cohort specific estimates/ not accounting for other pathologies

** Note numbers do not add up to 100 since there is inter-relationships between pathologies.

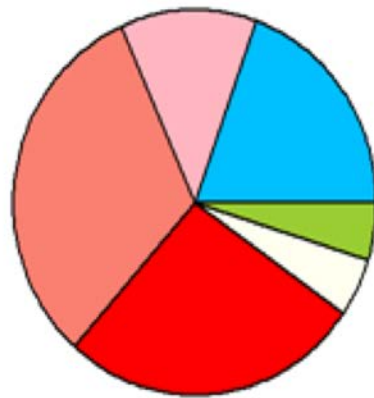
Pathology and dementia in the oldest old

(age 90+ vs. <90)

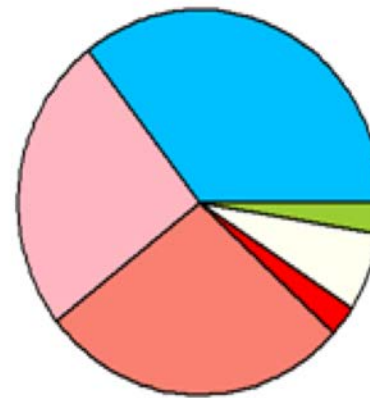
James BD et al.,
JAMA. 2012 May
2;307(17):1798-
800.

Characteristic	Total (n=804)	Age 65-89 (n=503)	Age 90 + (n = 301)	P value
Age at death, yrs(SD)	87.7 (6.7)	83.8 (4.8)	94.3 (3.3)	<0.001
Dementia ^a , no. (%)	304 (37.8%)	143 (28.4%)	161 (53.5%)	<0.001
AD ^c	493 (61.3%)	279 (55.5%)	214 (71.1%)	< 0.001
Infarcts ^d	272 (33.8%)	147 (29.2%)	125 (41.5%)	< 0.001
Single path	374 (46.5%)	238 (47.3%)	136 (45.2%)	0.56
Mixed path	225 (28.0%)	113 (22.5%)	112 (37.2%)	<0.001
AD + LB	41 (5.1%)	25 (5.0%)	16 (5.3%)	0.83
AD + Infarcts	162 (20.2%)	79 (15.7%)	83 (27.6%)	<0.001

Blacks



Whites



■ AD ■ AD/INF ■ AD/LB ■ ALL ■ INF ■ NONE

Barnes LL et al. Neurology 2015

What are we learning from the precious gift of brain donation from older persons?

- Alzheimer's disease pathology is often mixed with other pathologies (mixed pathology)
- Risk factors may work through increasing/decreasing pathology.
- Persons without cognitive impairment may have a lot of "subclinical" pathology
- There is pathologically unexplained cognitive change and risk factors

Multiple Potential Pathways to Dementia

Lifestyle Factors

- physical activity
- diet
- drug/alcohol abuse

Environmental Factors

- education
- head trauma
- toxins/other

Psychosocial Factors

- depression/anxiety

Aging

Genetic Factors

Sex F>M

Other Medical Risks

- hypertension
- obesity
- stroke
- heart disease
- diabetes
- metabolic
- inflammation
- certain infectious diseases
- certain medications

Health Disparities Factors

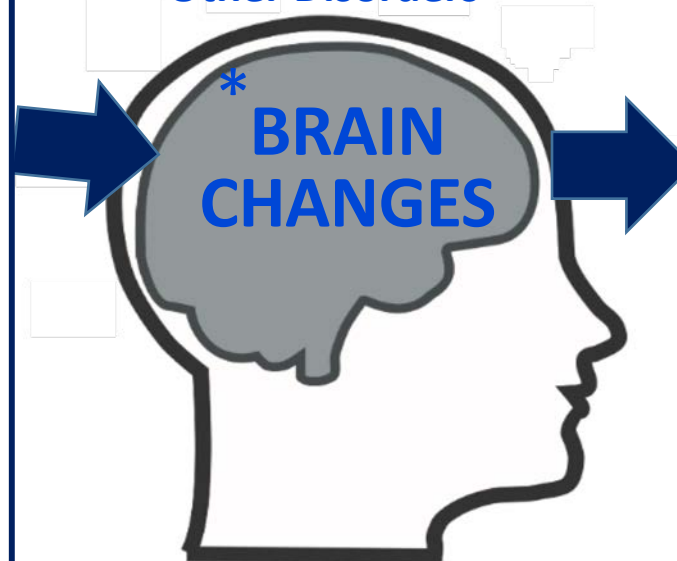
*Misfolded proteins

- amyloid
- tau
- alpha synuclein
- TDP-43

*Vascular Disorders

- infarct (stroke)
- white matter disease
- blood vessel disease

*Other Disorders



Cognitive Impairment Including Dementia

- Alzheimer's Dementia
- Lewy Body Dementias
- Vascular Dementias
- Frontotemporal Dementias
- Limbic Predominant TDP
- Mixed Dementias
- Other Cognitive Impairment
- Other Dementias

Concept by:

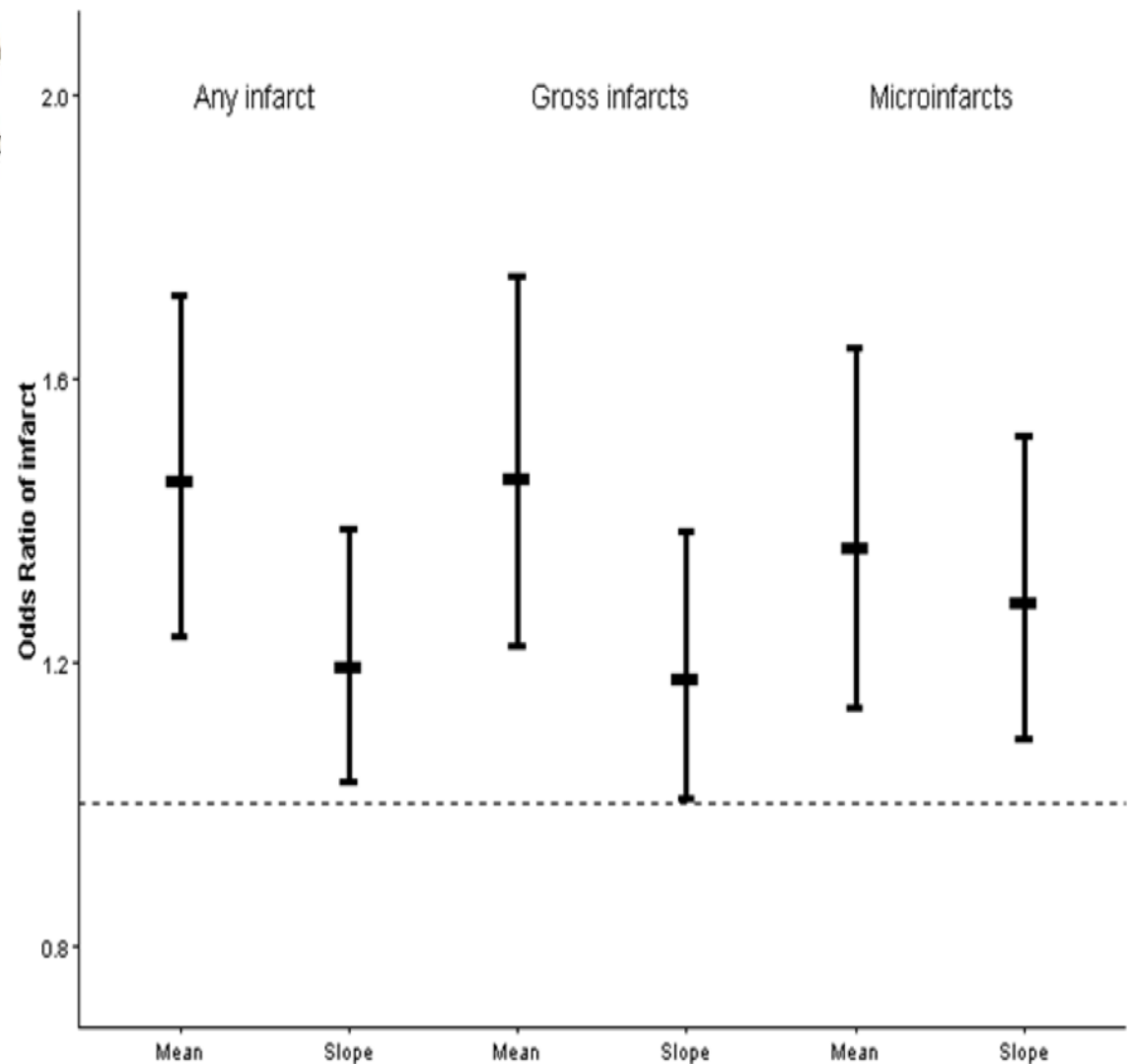
Julie A. Schneider, MD, MS, Rush University &
Roderick A. Corriveau, PhD, NINDS

Late-life blood pressure association with cerebrovascular and Alzheimer disease pathology

Zoe Arvanitakis, MD, Ana W. Capuano, PhD, Melissa Lama
David A. Bennett, MD, and Julie A. Schneider, MD

Neurology® 2018;91:e517-e525. doi:10.1212/WNL.0000000000000000

Elevated systolic blood pressure related to infarcts and tangles



Brain Tocopherols Related to Alzheimer Disease Neuropathology in Humans

Martha Clare Morris, Sc.D.¹, Julie A Schneider, MD, MPH^{2,3}, Hong Li, MS¹, Christy C Tangney, PhD⁴, Sukrit Nag, MD^{2,3}, David A Bennett, MD², William G. Honer, MD⁵, and Lisa Barnes, PhD²

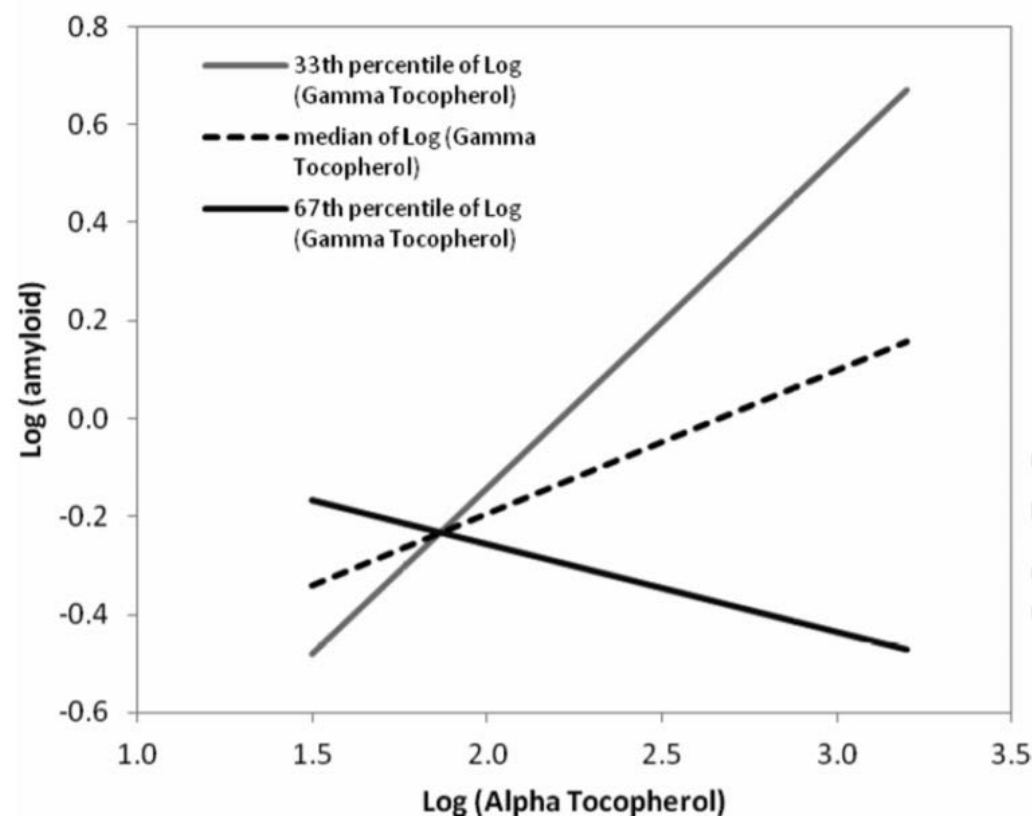
Martha Clare Morris: Martha_C_Morris@rush.edu; Julie A Schneider: Julie.76@gmail.com; Christy C Tangney: Christy_Tangney@rush.edu; Sukrit Na David_A_Bennett@rush.edu; William G. Honer: honer@mail.ubc.ca; Lisa E

Morris et al.

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Vitamin E in the brain related to more vs. less amyloid depending on the type of tocopherol!

The Association between Amyloid and Brain Tocopherols



[Stroke](#). Author manuscript; available in PMC 2010 Apr 1.

Published in final edited form as:

[Stroke](#). 2015 Apr; 46(4): 1071–1076.

doi: [10.1161/STROKEAHA.114.008010](https://doi.org/10.1161/STROKEAHA.114.008010)

PMCID: PMC4401202

NIHMSID: NIHMS663731

PMID: [25791714](https://pubmed.ncbi.nlm.nih.gov/25791714/)

Purpose in Life and Cerebral Infarcts in Community Dwelling Older Persons

[Lei Yu](#), PhD,^{1,2} [Patricia A. Boyle](#),
MD,^{1,2,6} and [David A. Bennett](#),

► Author information ► Con

[Stroke](#). Author manuscript; available in PMC 2017 Feb 1.

Published in final edited form as:

[Stroke](#). 2016 Feb; 47(2): 516–518.

Published online 2016 Jan 14. doi: [10.1161/STROKEAHA.115.011608](https://doi.org/10.1161/STROKEAHA.115.011608)

PMCID: PMC4780848

NIHMSID: NIHMS740250

PMID: [26768207](https://pubmed.ncbi.nlm.nih.gov/26768207/)

Sleep Fragmentation, Cerebral Arteriolosclerosis, and Brain Infarct Pathology in Community-Dwelling Older People

[Andrew S.P. Lim](#), MD,^{1,*} [Lei Yu](#), PhD,² [Julie A. Schneider](#), MD,^{2,3} [David A. Bennett](#), MD,² and [Aron S. Buchman](#), MD²



HHS Public Access

Author manuscript

JAMA. Author manuscript; available in PMC 2017 June 06.

Published in final edited form as:

JAMA. 2016 February 02; 315(5): 489–497. doi:10.1001/jama.2015.19451.

Association of Seafood Consumption, Brain Mercury Level, and APOE ε4 Status With Brain Neuropathology in Older Adults

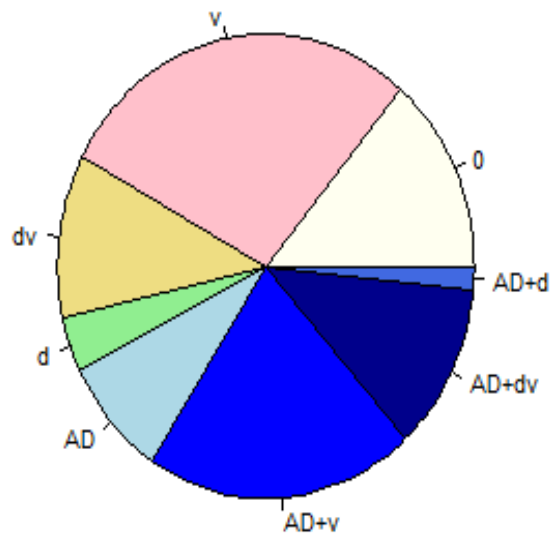
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What are we learning from the precious gift of brain donation from older persons?

- Alzheimer's pathology often mixed with other pathologies (mixed pathology)
- Risk factors and genetics may work through increasing pathology, resilience or unknown mechanisms.
- Persons without cognitive impairment may have a lot of subclinical pathology (resilience)
- There is a lot we still don't know about the brain changes of cognitive decline in aging.

Pathology in those without MCI or dementia



Pathology without cognitive impairment...

Lesser amounts of pathology

? Better repair mechanisms

? Less or “better” inflammation

? Compensation via other pathways

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Neurology. 2006 November 14; 67(9): 1581–1585. doi:10.1212/01.wnl.0000242734.16663.09.

Memory complaints are related to Alzheimer disease pathology in older persons

L.L. Barnes, PhD, J.A. Schneider, MD, P.A. Boyle, PhD, J.L. Bienias, ScD, and D.A. Bennett, MD

Rush Alzheimer's Disease Center (L.L.B., J.A.S., P.A.B., D.A.B.) and Rush Institute for Healthy Aging (J.L.B.) and Departments of Neurological Sciences (L.L.B., J.A.S., D.A.B.), Internal Medicine (J.L.B.), and Behavioral Sciences (L.L.B., P.A.B.), Rush University Medical Center, Chicago, IL.

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Memory Complaints, Dementia, and Neuropathology in Older Blacks and Whites

Zoe Arvanitakis, MD, MS^{a,b}, Sue E. Leurgans, PhD^{a,b}, Debra A. Fleischman, PhD^{a,b,c}, Julie A. Schneider, MD, MS^{a,b,d}, Kumar B. Rajan, PhD^e, Jeremy J. Pruzin, MD^{a,b}, Raj C. Shah, MD^{a,f}, Denis A. Evans, MD^e, Lisa L. Barnes, PhD^{a,b,c}, and David A. Bennett, MD^{a,b}

Ann N Y Acad Sci. 2009 Jul;1170:730-5. doi: 10.1111/j.1749-6632.2009.04013.x.

Olfactory impairment in presymptomatic Alzheimer's disease.

Wilson RS¹, Arnold SE, Schneider JA, Boyle PA, Buchman AS, Bennett DA.

[J Elder Abuse Negl](#). Author manuscript; available in PMC 2015 Jan 1.

PMCID: PMC3916958

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J Elder Abuse Negl. 2014; 26(2): 107–122.

PMID: [24499279](#)

doi: [10.1080/08946566.2013.821809](#)

Correlates of Susceptibility to Scams in Older Adults Without Dementia

[Bryan D. James](#), PhD, Assistant professor,^{1,2} [Patricia A. Boyle](#), PhD, Associate professor,^{1,3} and [David A. Bennett](#), MD, Professor and Director^{1,4}

[Ann Intern Med](#). 2019 May 21;170(10):702-709. doi: 10.7326/M18-2711. Epub 2019 Apr 16.

Scam Awareness Related to Incident Alzheimer Dementia and Mild Cognitive Impairment: A Prospective Cohort Study.

[Boyle PA](#)¹, [Yu L](#)¹, [Schneider JA](#)¹, [Wilson RS](#)¹, [Bennett DA](#)¹.

Author information

1 Rush Alzheimer's Disease Center, Rush University Medical Center, Chicago, Illinois (P.A.B., L.Y., J.A.S., R.S.W., D.A.B.).

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Thu, Oct 24, 2019

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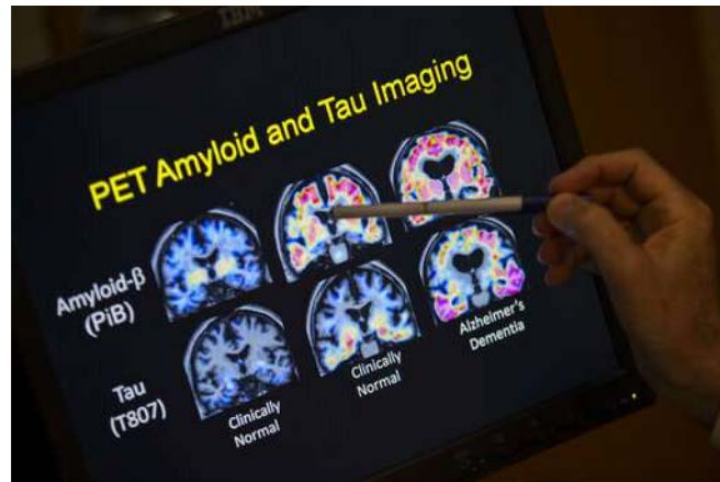
ALZHEIMER'S EARLY WARNING: FALLING FOR SCAMS COULD BE SIGN OF DEMENTIA

BY KASHMIRA GANDER ON 4/15/19 AT 5:00 PM EDT

APRIL 16, 2019

Senior's weakness for scams may be warning sign of dementia

by Lauran Neergaard

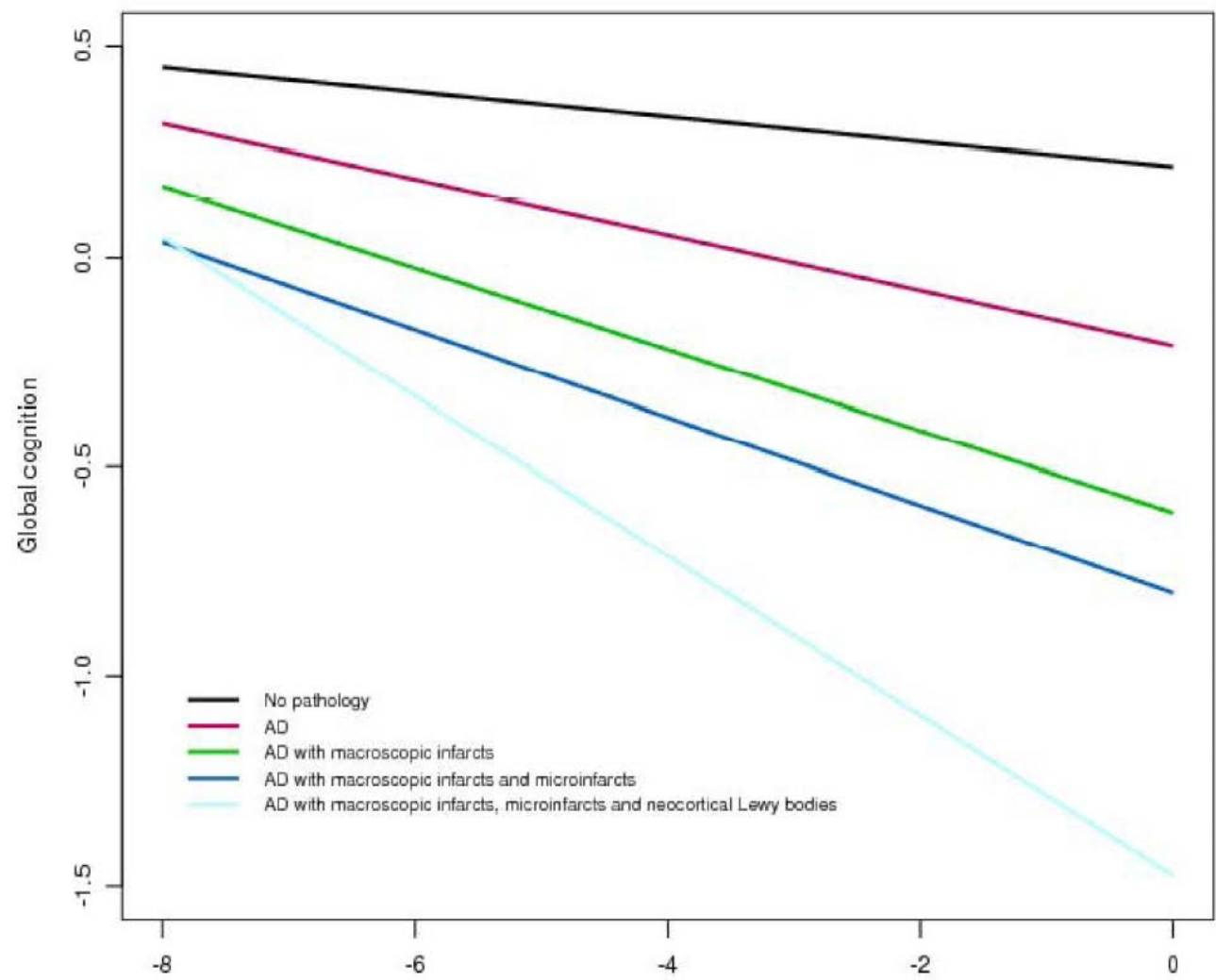


In this May 19, 2015, file photo, a doctor points to PET scan results that are part of a study o...

Does an older friend or relative have a hard time hanging up on telemarketers? Or get excited about a "You've won a prize" voicemail? New research suggests seniors who aren't on guard against scams also might be at risk for eventually developing Alzheimer's disease.

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- Persons without cognitive impairment may have a lot of subclinical pathology (resilience)
- There is a lot we still don't know about the brain changes of cognitive decline in aging.



Much of late life cognitive decline is not due to common neurodegenerative pathologies

Patricia A. Boyle, PhD^{1,2}, Robert S. Wilson, PhD^{1,2,3}, Lei Yu, PhD^{1,3}, Alasdair M Barr, PhD⁴, William G. Honer, M.D.⁵, Julie A. Schneider, MD^{1,3,6}, and David A. Bennett, MD^{1,3}

¹Rush Alzheimer's Disease Center, Rush University Medical Center

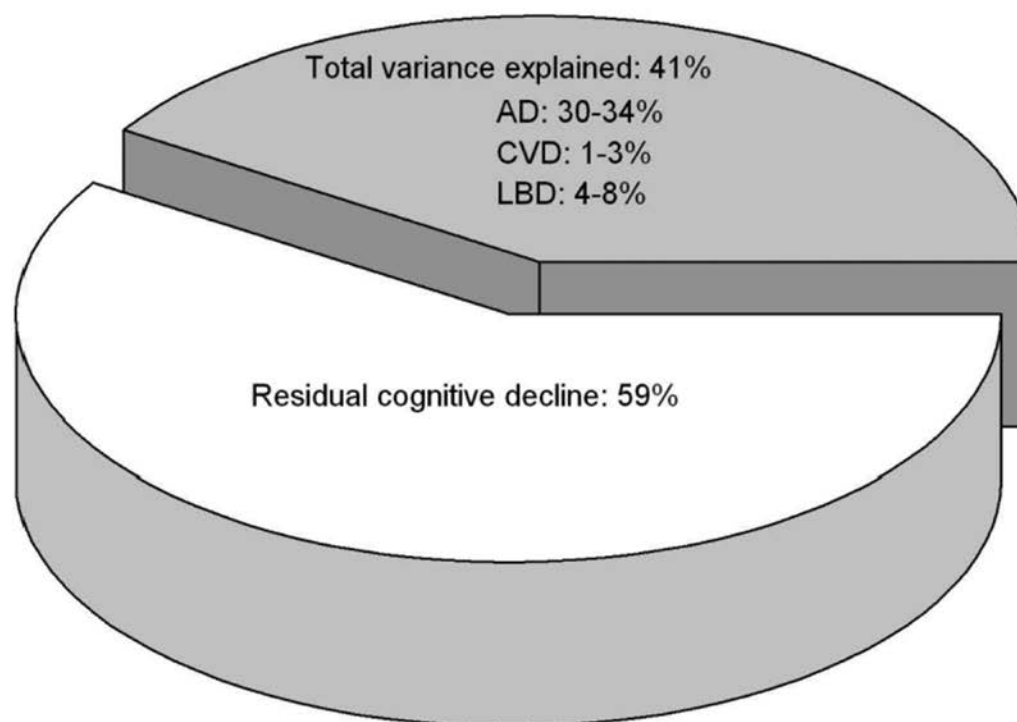


Figure 3.

Variation in cognitive decline explained by the pathologic indices (grey) and the residual, unexplained variation in cognitive decline (white) derived from fully adjusted models.

Published in final edited form as:

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Late-Life Depression is Not Associated with Dementia Related Pathology

Robert S. Wilson, PhD, Patricia A. Boyle, PhD, Ana W. Capuano, PhD, Raj C. Shah, MD, George M. Hoganson, MD, Sukriti Nag, MD, PhD, and David A. Bennett, MD
Rush University Medical Center

J Affect Disord. 2019 May 1;250:313-318. doi: 10.1016/j.jad.2019.03.051. Epub 2019 Mar 8.

Brain IGFBP-5 modifies the relation of depressive symptoms to decline in cognition in older persons.

Capuano AW¹, Wilson RS², Honer WG³, Petyuk VA⁴, Leurgans SE⁵, Yu L⁵, Gatchel JR⁶, Arnold S⁷, Bennett DA⁵, Arvanitakis Z⁵.

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Vulnerability to Stress, Anxiety, and Development of Dementia in Old Age

Robert S. Wilson, PhD, Christopher T. Begeny, BA, Patricia A. Boyle, PhD, Julie A. Schneider, MD, and David A. Bennett, MD

Rush Alzheimer's Disease Center and Departments of Neurological Sciences (RSW, JAS, DAB), Behavioral Sciences (RSW, PAB), and Pathology (JAS), Rush University Medical Center, Chicago, IL, USA

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Personality and resilience to Alzheimer's disease neuropathology: A prospective autopsy study

Antonio Terracciano, PhD^{1,4,*}, Diego Iacono, MD PhD^{2,5,*}, Richard J O'Brien, MD PhD³, Juan C Troncoso, MD^{2,3}, Yang An, MS¹, Angelina R Sutin, PhD^{1,4}, Luigi Ferrucci, MD PhD¹, Alan B Zonderman, PhD¹, and Susan M Resnick, PhD¹

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JAMA. 2016 February 02; 315(5): 489–497. doi:10.1001/jama.2015.19451.

Association of Seafood Consumption, Brain Mercury Level, and APOE $\epsilon 4$ Status With Brain Neuropathology in Older Adults

Martha Clare Morris, ScD,

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Author manuscript

Mol Psychiatry. Author manuscript; available in PMC 2019 August 18.



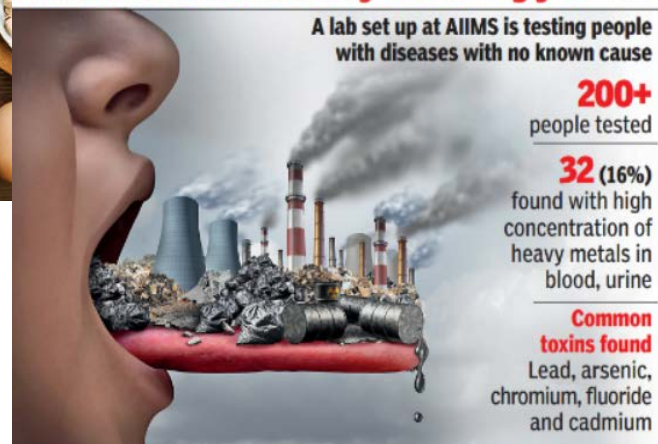
Environmental toxins may be hurting you more

A lab set up at AIIMS is testing people with diseases with no known cause

200+
people tested

32 (16%)
found with high concentration of heavy metals in blood, urine

Common toxins found
Lead, arsenic, chromium, fluoride and cadmium



Brain iron is associated with accelerated cognitive decline in people with Alzheimer pathology

Scott Ayton¹, Yamin Wang², Ibrahima Diouf^{1,3}, Julie A Schneider⁴, John Brockman⁵, Martha Clare Morris^{2,*,#}, Ashley I. Bush^{1,*,#}

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Cognitive decline after elective and nonelective hospitalizations in older adults

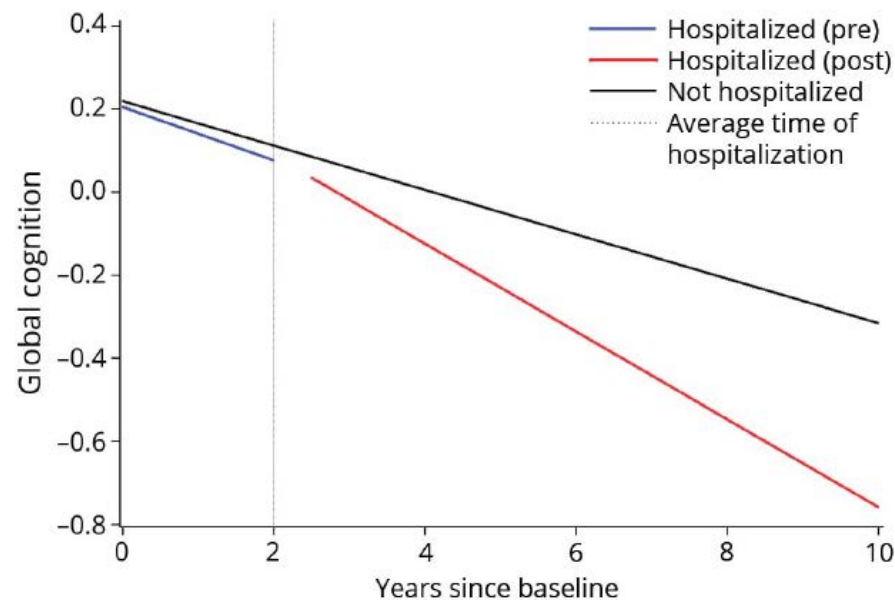
Bryan D. James, PhD, Robert S. Wilson, PhD, Ana W. Capuano, PhD, Patricia A. Boyle, PhD, Raj C. Shah, MD, Melissa Lamar, PhD, E. Wesley Ely, MD, David A. Bennett, MD, and Julie A. Schneider, MD

Neurology® 2019;92:1-10. doi:10.1212/WNL.0000000000006918

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Figure 2 Rate of decline in global cognition in those who had hospitalization (before and after) or no hospitalization



Conclusions

- Alzheimer's dementia is a complex brain disease with many potential therapeutic targets.
- There are a multitude of risk and protective factors. A better understanding of these is important. For now vascular risk factors important to control.
- Persons without cognitive impairment may have a lot of "subclinical" pathology. Important to recognize but also opportunity for prevention/treatment.
- Pathologically unexplained cognitive change and related risk factors also an opportunity for new prevention and treatment strategies.

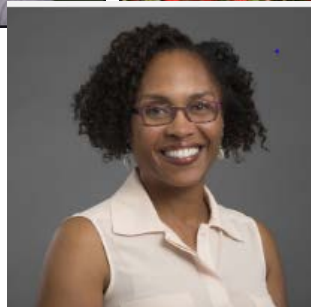
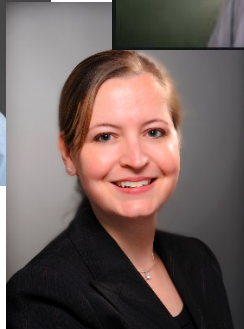
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